

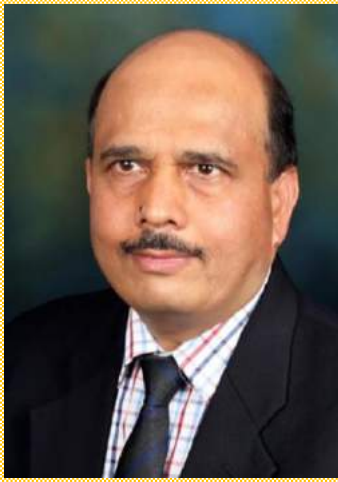


# KOA BULLETIN

KARNATAKA ORTHOPEDIC ASSOCIATION

[www.koaindia.org](http://www.koaindia.org)





## President's Message

*My Dear Colleagues and Friends,*

It is indeed an honour and privilege for me as the President of the esteemed Karnataka Orthopaedic Association to present to you the KOA Bulletin to keep you informed about the activities of the KOA.

My theme is "**PERFECTION THROUGH PRECISION**".

**KOA Fellowship** was started in the subspecialties of Arthroplasty, Arthroscopy, Advanced trauma, Spine and Paediatric Orthopaedics at Sanjay Gandhi Institute of Trauma and Orthopaedics and Indira Gandhi Institute of Orthopaedics. The fellows were trained for 4 weeks. We have trained 27 fellows until now.

The first **KOA CME** cum Cadaver and Bone Model Workshop on Pelvi Acetabular Fractures was conducted by Tumkur Orthopaedic Society on 17th April 21 at Sridevi Medical College at Tumkur.

**KOA Webinars** were conducted every month. The webinars had international, national and state faculties. The webinars were well attended and appreciated and has put KOA in the top pedestal in the scientific map of Indian orthopaedics. The **Bengaluru Traumacourse** (Hybrid) 2021 was conducted on 17th October 21 under the aegis of KOA and Trauma Society of India. The theme was Osteoarthritis. The faculties were from Germany along with national and state faculty. Despite the catastrophic second wave of the Covid pandemic, we have done our best to see that 'Academics will continue' come what may.

**KOA ICL** will be held at Bagalkot on December 04<sup>th</sup> 2021 conducted by Bagalkot Orthopaedic Association.

It is a great privilege for me and my team to welcome all of you to the 46th Annual Conference of the KOA - **KOACON 2022** to be held from 4th to 6th February, 2022 at St John's Medical College, Bengaluru. Looking forward to meeting you in person.

With the best of regards,

Dr. H.S. Chandrashekar

## Secretary General's Desk

*Respected Seniors and Dear Friends,*

At the outset I thank you all for giving me an opportunity to serve association.

It gives me great pleasure to publish the first issue of KOA Bulletin for the year 2021 - 2022.

The pandemic is subsiding and hope we don't have to go through the ordeal we endured over the past year and half.

The KOA Website "[www.koaindia.org](http://www.koaindia.org)" has been redesigned and is more interactive with a **KOA Community** for the members. I request the members to utilize the features to interact, upload their programs, achievements and publications.

"**KOACON 2022**" is from 4<sup>th</sup> to 6<sup>th</sup> of February, 2022 at St. John's Medical College, Bengaluru.

Looking forward to meet you all.

Long Live KOA.

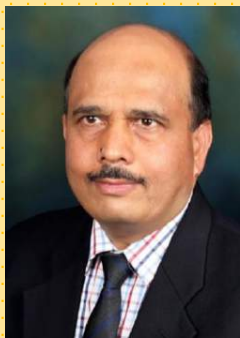
Best Regards,

Dr. Bharath Raju G.





## KOA Office Bearers 2021 – 2022



**Dr. H.S. Chandrashekar**  
President



**Dr. Bharath Raju G.**  
Secretary General



**Dr. Ashwini Kumar Singh**  
President Elect



**Dr. N. Nithyanand Rao**  
OASIS Vice President



**Dr. Mallikarjunaswamy B.**  
Past President



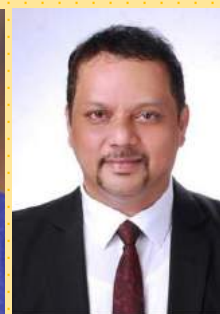
**Dr. Roshan Kumar B.N.**  
Past Secretary General



**Dr. Satish Shervegar**  
Joint Secretary



**Dr. Ravish V.N.**  
Treasurer



**Dr. Anil K. Bhat**  
Editor KOA Journal

### Executive Committee Members



**Dr. Uday Kumar S.B.**



**Dr. Rama Subba Reddy M.**



**Dr. Sachidananda Rai B.**



**Dr. Venkatesh Mulimani**



**Dr. Vanamali B.S.**



**Dr. Umesh**



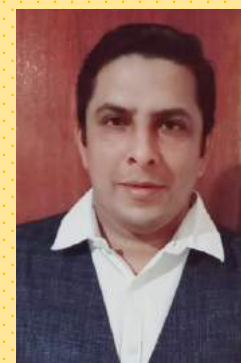
**Dr. Shreepad Kulkarni**



**Dr. Shiva Naik**



**Dr. Puneeth Chamakeri**



**Dr. Abdul Khader**



**Dr. Deepak S.**  
KOA CME Coordinator



**Dr. Ramesh Krishna**  
KOA PG Teaching Coordinator



**Dr. Satya Vamsi Krishna**  
KOA Website Coordinator



## KOA - DISTRICT CHAPTER

	Name of the Chapter	President	Secretary
1	Bagalkot District Orthopaedic Association (BDOA)	Dr. H.R. Katti	Dr. Girish Naikawadi
2	Ballari Orthopaedic Society (BOS)	Dr. M.J. Shashidar Reddy	Dr. Shiva Naik
3	Bangalore Orthopaedic Society (BOS)	Dr. Manoj Kumar	Dr. G. Srinivas Reddy (Gen. Sec.) Dr. Naveen Kumar
4	Belgaum Orthopaedic Surgeons Welfare Society (BOSWS)	Dr. Somnath Sanikop	Dr. Satish Nesari
5	Bidar Orthopaedic Association (BOA)	Dr. Vijay Pandey	Dr. Anand Jabshetty
6	Canara Orthopaedic Society (COS)	Dr. Sachidananda Rai B.	Dr. Latheesh Leo
7	Davanagere Orthopaedic Society (DOS)	Dr. Anil Nelvigi	Dr. Raghu Kumar
8	Gadag Orthopaedic Association (GOA)	Dr. Mohan Kuradagi	Dr. Ronald Khannapur
9	Gulbarga Orthopaedic Association (GOA)	Dr. Sharan Kamareddy	Dr. Ameet Pawar
10	Hassan Orthopaedic Association (HOA)	Dr. Ramkrishna Bhatta	Dr. Sreeranga
11	Hubli Dharwad Orthopaedic Association (HDOA)	Dr. Navin Mankani	Dr. Shrikanth Ramanagoudar
12	Mysore Orthopaedic Association (MOA)	Dr. Mruthyunjaya	Dr. Vijay Chandru
13	Raichur Orthopaedic Society (ROS)	Dr. Arun K. N.	Dr. Kanakachalapathi
14	Shimoga Orthopaedic Society (SOS)	Dr. Ramachandra	Dr. Basavesh
15	Vijayapura Orthopaedic Association (VOA)	Dr. Santosh Nandi	Dr. Shreepad Kulkarni
16	Tumkur Orthopaedic Association (TOA)	Dr. Tyagaraj	Dr. Chandan
17	Uttar Karnataka Orthopaedic Association (UKOA)	Dr. Suresh Bhat	Dr. Nitin Pickle

## KOA ZONES

### I - CENTRAL ZONE

1. Bengaluru
2. Bengaluru North
3. Chikkaballapur
4. Tumkuru
5. Kolar

### II - SOUTH ZONE

1. Chamarajanagara
2. Chikkamagaluru
3. Chitradurga
4. Dakshina Kannada
5. Hassan
6. Kodagu
7. Ramanagara
8. Mandya
9. Mysuru
10. Shivamoga
11. Udupi
12. Uttara Kannada

### III - NORTH ZONE

1. Bagalkot
2. Ballari
3. Belagavi
4. Bidar
5. Davanagere
6. Gadag
7. Haveri
8. Hubballi – Dharwad
9. Kalaburgi (Gulbarga)
10. Koppal
11. Raichur
12. Vijayapura (Bijapur)
13. Yadgir



# MINUTES OF THE AGM HELD ON 6-02-2021

## Hybrid AGM - Hotel Ramanashree, Bangalore

The Meeting Started after the quorum was reached.

Dr. Roshan Kumar, Secretary General welcomed the gathering and explained to the audience about how the virtual interactive meeting was arranged.

President Dr. Mallikarjunaswamy addressed the gathering and gave welcome address. He described about the various programs conducted during his tenure. A few to mention were - 2 physical meets, 41 virtual meets include webinars every fortnight, Virtual CMEs, Virtual Talks, etc...

A dedicated PG teaching program was also initiated during his term, where all the HODs of various medical colleges across Karnataka were members in the program. 30 such PG programs were held.

The outgoing president requested the incoming president to continue all the academic programs started during his term.

Secretary General announced the list of Obituaries for the year 2020-21. Among them were Dr. Bhat Ganapathi Devaru from Hubli, Dr. Jayaprakash from Subbaiah Medical College Shivamoga, Dr. Michael Stanley from Coimbatore, Dr. Nagaraj from Tumkur. One minute silence was observed as a mark of respect to the departed souls.

### **The Secretary General Readout the Secretary's Report which was as follows:**

At the outset I thank all the KOA members for having extended a wonderful cooperation through the 3<sup>rd</sup> year of my office as Secretary General of the KOA.

My sincere thanks to our Beloved President Dr. Mallikarjunaswamy for his support and cooperation in the conduct of the day-to-day affairs of the KOA, My sincere thanks to Dr. K.M. Gopinath, Treasurer KOA for his meticulous maintenance of the financial affairs of KOA, and seamless handling of the financial matters of KOA.

With the support of the President Dr. Mallikarjunaswamy and all other district association presidents & EC members who assisted in conducting Online meetings & Webinars of all the committees constituted by the KOA.

Total number of members of KOA at present is 1,683., Total number of new members enrolled during 2019-20 is 37, Total number of IOA members enrolled from Karnataka during 2019-20 is 09.

I have represented Karnataka in all the meetings of OASIS and also the CSRC & EC meetings of the IOA, and have presented report of KOA.

We did not select any fellows for being sent to the KOA's "Surekha Memorial Inland Travelling Fellowship" due to COVID19 pandemic restrictions.

We had no selection of fellow for "Bisal Muddu International Travelling Fellowship" as well this year.

This year we conducted over 56 CME programs of various topics and from various institutes, all of them were online mode.

We were supposed to have KOA ICL this year which will be conducted at Gokak (dates will be announced soon).

As a part of the charity the bone and joint week was successfully carried out throughout the state under the KOA banner, Radio talks, Extensive Online webinars, Awareness programs were few to mention apart from free surgeries were also conducted and reported to IOA.

Under the presidentship of Dr. Mallikarjunaswamy, 6 EC meetings, 2 Central Conference Committee meetings were held this year. Apart from these various committees constituted by the president met regularly. All meetings were virtual ones.

E-Newsletters were published two volumes (hard copy discontinued as per decision taken in AGM). KOA website domain was renewed.

Our website is updated with fresh looks & interactive platforms where doctors can interact and also patients could participate apart from patients finding their doctors on our web site.

The Journal of KOA was printed as well as e-Journal was also published by chief editor Dr. Anil Bhat.

As per the Decision of the AGM, we have continued the online voting this year for the Elections of the KOA, alongside the postal ballots.

We have received around 36 new membership applications this year.

**The Secretary's report was passed by the house.**

**The Treasurer Dr. Gopinath presented the KOA accounts for the FY 2019-20:**

The KOA account at Bangalore is held with Syndicate Bank Vijayanagar, which now has got merged with Canara bank. The opening balance was 4,11,535/- as on 1<sup>st</sup> April 2019. 10,81,156/- as on 31<sup>st</sup> march 2020.

We have 7 FDs held with above bank total amount amounting to 1,48,23,285/-

Total income this year was 15 lacs, expenses were 11 lacs, (FD interest accrued was 9.6 Lacs)

The Conference Chairman Dr. Muralidhar presented an amount of 5,36,624/- from the conference KOACON 2019.

**Detailed Accounts handouts were handed over to the audience.**

Dr. Sachhidanand Rai suggested to get 12A status allotted, so that no tax could be payable. But the members from the house deliberated and was said that 12A status is given to only charitable trusts that use their funds only for such purpose. We cannot have such huge balance and also have 12A simultaneously. Dr. Ravindra mentioned that there is no need to have a 12A status as we are collecting money for the benefit of members and welfare. He also felt & suggested that most of the daily running expenses of the association should be done from the money received from the KOACON conferences and not to use up the interest obtained from the FDs. Such interest amounts can be utilized for awards, and other academic findings.

**The accounts were passed by the house after deliberations.**

The Chairman of the KOACON 2020 Dr. Ashwini Kumar Singh, presented the KOACON 2020 details of accounts on behalf of his treasurer, and also presented a cheque of 5,45,000/- to KOA from conference. It was appreciated & applauded by the house.

There was a proposal to change over the donation from KOACON conferences from existing 5Lac rupees minimum to a percentage-based donations. Lot of Deliberations went on and finally it was proposed by Dr. Sachidananda Rai to adopt a 5% of total collected money to be contributed to KOA from that conference. It was passed by Dr. Deepak Shivanna.

The Secretary general Presented the report of the KOA elections for 2020-21. the report was as follows:

#### **14. Report of KOA elections 2021 by Secretary general:**

This being the third year of online election along with the ballots, we had received three applications for the posts of President elect 2022 Dr. Ashwini Kumar Singh & Dr. Harish Murthy & Dr. Anil Patil. There were only 5 applications for the EC posts. There was one Application for the Secretary General Post.

Hence election was initiated only for president elect post by online as well as ballot votes.

There were two applications for the KOACON-2023 venue, Belgaum & Bijapur, the selection of the same was made possible through the ballot vote & Online modes.

On the online aspect of the elections, as in the last year we had ensured multiple layers of security for the online voting process, and the whole process was working seamlessly and many members expressed satisfaction about the online system adopted for voting.

During the process the technical difficulties faced by some members in exercising their franchise were promptly attended by me. I have been continuously on the job of updating and reformatting the whole membership database of KOA members, even after updating the member's database there are still many wrong / incomplete information about many members.

This is primarily because members after changing their address or phone or mail ids, they are not communicating with the secretariat. I request all members to kindly keep updating your details in case of any changes.

We had posted 1683 ballots to the members, Total Voting was 1100 numbers, Online votes were 959, 141 ballots came back with vote, 98 ballots returned undelivered, while, 6 ballots were disqualified because they had voted online also and 3 Ballots were disqualified for other technical reasons.

After final counting of both online & postal ballots, Dr. Ashwini Kumar Singh received 411 votes while Dr. Anil Patil got 386 & Dr. Harish Murthy got 300 Votes. **Dr. Ashwini Kumar Singh was declared as the President Elect 2022.**

**Dr. Bharath Raju G.** was unanimously elected as Secretary General of KOA.

**The Following members were elected as EC members:**

Dr. Sreepad Kulkarni, Dr. Sachidananda Rai, Dr. Abdul Khader, Dr. Shiva Naik, Dr. Puneeth.

**Belgaum was declared as the venue for KOACON 2023**

**The House took a unanimous decision and passed that henceforth from year 2021 onwards there will be only online elections and the ballot votes will be discontinued.**

The President Dr. Mallikarjunaswamy put forth the Proposals of his EC for approval by the House. The proposals were- To start research grants for consultants, to give best Paper award to consultants, to give best outgoing PG award, to give Best Thesis award. Incoming president also added that he wants to institute Fellowship training for young consultants in 5 sub specialty branches for 1 month duration for which he sought some financial help from KOA. Hearing to all these, and after deliberations the house concluded that let a committee be formed by the president, and that committee will work on the feasibilities & possibilities of the above proposal and present the facts at the EGM to be held at Hassan KOACON2021 conference in June 2021.

Regarding the CA site for KOA, the previous AGM had given the responsibility to the president and Dr. Chandrashekar to find a CA site. But due to changes in the Government policies, CA sites can no more be got on lease, instead have to be purchased after bidding from the government, this option may not be affordable by KOA at present. So, a new proposal was suggested by Dr. Chandrashekar that if BOS (Bangalore Orthopedic Society) is willing to buy a site or a piece of land (maybe 1 acre) KOA can have its building in that land with understanding with BOS. This proposal was liked by most of the members present, and the house passed the proposal. Now KOA will wait to hear from the BOS about the proposal which will be conveyed to BOS through few members who are also KOA members. This matter will be relooked again at Hassan Conference.

Dr. Mallikarjunaswamy proposed that KOA bid for IOACON 2024. Dr. Purushotham opined that there is no need to bid as the conference will come to KOA automatically on rotation in 2024. So, it was decided by the house that the KOA will bid/conduct if the chance comes to KOA in 2024. the IOACON should be held in Bangalore only considering the logistics. Dr. Rajkumar Amaravathy briefed the house about KOACON 2022 at St. Johns to be held in February of 2022. Dr. Sreeranga briefed about the forthcoming KOACON to be held by physical mode in June 4,5,6<sup>th</sup> 2021 at Hassan.

The KOA change of guard took place by Dr. Mallikarjunaswamy outgoing president handing over the KOA medallion to president elect Dr. Chandrashekar. Dr. Chandrashekar President KOA 2021-22 took over office and made his presentation to the AGM about his theme vision and plans for the coming year.

Vote of thanks was delivered by Dr. Gopinath.

AGM concluded with National Anthem.





## AGM 2021





# KOACON 2021



The 45<sup>th</sup> Annual Conference of Karnataka Orthopaedic Association “**KOACON 2021**” was held at Hassan Institute of Medical Sciences on 30<sup>th</sup> & 31<sup>st</sup> July 2021.

The conference was inaugurated by **Paramapujya Jagadguru Sri Sri Sri Nirmalanandanatha Swamiji** with **Dr B.C. Ravikumar**, Director of Hassan Medical College as **Guest of Honour** and **IOA President Dr. Shivashankar** as **Special Invitee** along with the KOA Office Bearers.

Three senior KOA members felicitated for their life time achievement - Dr. T.R. Nagaraj from Hassan, Dr. J.S. Hegde from Mysuru & Dr. J.N. Sridharamurthy from Bengaluru.

The Past KOA Secretary Generals Dr. Ravishankar and Dr. Roshan Kumar were also felicitated.





Though the conference was to be held in February, due to the pandemic it was postponed. Due to Covid restrictions it was conducted on a Virtual Platform. There were 466 registrations (Delegates - 416 & Faculty - 50).

The Free Paper & E-poster session was held on the forenoon of 30<sup>th</sup> July which included the session of Gold paper presentation of 10 papers. A whopping 206 Free papers were presented in 5 virtual halls & 192 E-posters were virtually displayed. 4 Gold Paper presenters & 3 E-posters were selected as prize winners.

It was followed by CME sessions on - **“Intra Articular Fractures around the Joints”** for the postgraduates & junior doctors.



On 31<sup>st</sup> July Dr. Verghese Chacko Oration was delivered by Dr. Ajit Kumar from Mangalore, the Presidential Address by Dr. B. Mallikarjunaswamy, Dr. Shyamsundar Shetty Oration was delivered by IOA president Dr. Shivashankar.



There were various subspecialty sessions on Hand, Arthroplasty, Arthroscopy, Tumour, Foot & Ankle, spine, Paediatric Orthopaedics & Medicolegal Aspects.

The KOA Lamp was handed over to the organising team of KOACON 2022.



# KOA-ICL 2020

The KOA Instructional Course Lecture 2020 which was postponed due to the pandemic was held on 3<sup>rd</sup> and 4<sup>th</sup> of April 2021 at the KLE Centenary Hall, Belagavi. It was hosted by the Belagavi Orthopaedic Surgeons Welfare Society, Dept. of Orthopaedics J.N. Medical College and Dept. of Orthopaedics BIMS Belagavi was prestigious.

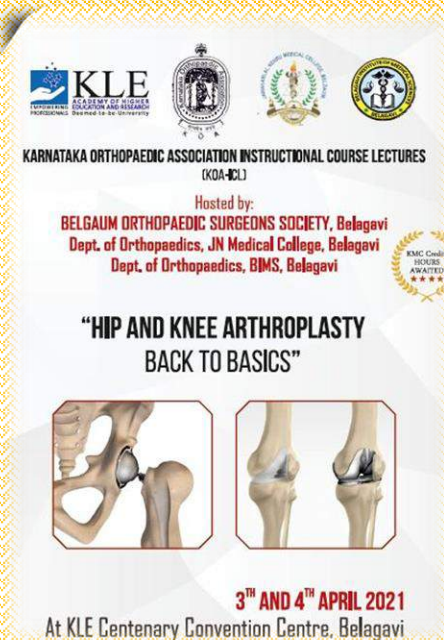
The Theme of the ICL was “HIP & KNEE ARTHROPLASTY- BACK TO BASICS”.

It was a physical event with 198 registrations and 160+ doctors participated in the Conference, with about 20 guest speakers from around the state of Karnataka. The conference also saw a good number of trade partners participating and supporting the event.

Dr. B. Mallikarjunaswamy, President KOA inaugurated the conference along with Dr. Bharath Raju G., Secretary General KOA and the proceedings was addressed by the Organizing Chairman Dr. Anil B. Patil. While the Organizing Secretary gave the Vote of Thanks. The function was presided by eminent doctors from the institution and KOA office bearers.

The scientific program was spread across 2 days with Eminent speakers from across Karnataka delivering notable presentations. The course covered salient topics in Primary Hip and Knee Replacement surgery. The didactic lectures in Knee Arthroplasty with focus on Contemporary Standard of Care and Current Options in Patient selection, preoperative planning, Principles of Deformity correction, Preventing Periprosthetic Infections and Avoiding complications. Also included is a session on TKR alternatives like Biological interventions for adult knee problems, Role of Osteotomy and Arthroscopy. A hands-on Workshop was organized to demonstrate the technical aspects of the surgery and was also the highlight of the course.

The conference was concluded with a valedictory function thanking the entire Organizing team along with prize distribution for the Free Paper Presentations.





# KOA CME & WORKSHOP

The first KOA CME and Workshop for the year 2021 - 2022 was organised by Tumkur Orthopaedic Society at Shridevi Institute of Medical Sciences and Research Centre, Tumkur on the 17<sup>th</sup> of April 2021.

The topic of the CME was “Pelvi-Acetabular Fractures” and was followed by Cadaver & Saw Bone Workshop.

The program was inaugurated by KOA President Dr. H.S. Chandrashekar along with the Chairman of Shridevi Charitable Trust Dr. M.R. Hulinaykar as the Guest of Honour and TOS office bearers.

The program was attended by about 40 delegates.





# KOA WEBINARS

Karnataka Orthopaedic Association has been organising webinars every month with international guest speakers along with national and state faculties.

- **Proximal Humerus Fractures** on 27-02-2021, *Dr. Nirmal Tejjwani* from New York
- **Scaphoid Fractures** on 17-04-2021, *Dr. Sunil Thirkannad* from University of Louisville
- **Flat Foot** on 15-05-2021, *Dr. Michael E Graham*, USA and *Dr. Lukasz Kolodziej*, Poland
- **Fractures around the Elbow** on 19-06-2021, *Dr. Diego L Fernandez* from Switzerland and *Dr. Christian Krettek* from Germany
- **Lumber Spine Disorders** on 17-07-2021, *Dr. Naveen Kumar* from UK
- **Salvaging Failed Knee Replacements** on 21-08-2021, *Dr. Amar S Ranawat* from USA and *Dr. Thorsten Gherke* from Hamburg
- **Rotator Cuff Tear** on 18-09-2021, *Dr. Jean Kany* from France.
- **Paediatric Hip** on 16-10-2021, *Dr. Colin Bruce* from Liverpool, *Dr. Kishore Mulpuri* from Canada and *Dr. Prasad Gourineni* from USA
- **Orthopaedic Oncology** on 20-11-2021, *Dr. Laura Campanacci* from Italy








# KOA PG TEACHING PROGRAM

Karnataka Orthopaedic Association has been conducting post graduate teaching programmes regularly in a hybrid format.

**Karnataka Orthopaedic Association (KOA)**  
Online PG Teaching Program - 2021  
**Sunday 21<sup>st</sup> March**  
**9.00 am to 1.00 pm**

Dr. H S Chandrashekar  
President KOA 2021

Dr. Ramesh Krishna K  
Chief Co-ordinator  
KOA PG Teaching Program 2021




Dr. Roshan Kumar  
Secretary General KOA

Presidents Theme : Perfection Through Precision

**Karnataka Orthopaedic Association (KOA)**  
Online + Offline PG Teaching Program - 2021

Host:  
K S Hegde Medical Academy,  
Mangalore

18<sup>th</sup> April 2021  
9.00 am to 1.00 pm  
Chintana, JKSHC Hospital

Dr. H S Chandrashekar  
President KOA 2021

Dr. Ramesh Krishna K  
Chief Co-ordinator  
KOA PG Teaching Program 2021




Dr. Bharath Raju G  
Secretary General KOA

Presidents Theme : Perfection Through Precision

**Karnataka Orthopaedic Association (KOA)**  
Online + Offline PG Teaching Program - 2021

20<sup>th</sup> June 2021  
9.00 am to 12.00 pm

Subjects/Topics  
1. ORTHOBIOLOGICS  
2. METALS AND POLYMERS IN ORTHOPEDIC IMPLANTS

Dr. H S Chandrashekar  
President KOA 2021




Dr. Ramesh Krishna K  
Chief Co-ordinator  
KOA PG Teaching Program 2021

Dr. Bharath Raju G  
Secretary General KOA

Presidents Theme : Perfection Through Precision

**KOA** Karnataka Orthopaedic Association  
Online + Offline PG Teaching Program - 2021  
**SUNDAY 18 JULY**  
**9.00 AM TO 1.00 PM**

www.koaindia.org

Dr. H S Chandrashekar  
President KOA 2021

Dr. Ramesh Krishna K  
Chief Co-ordinator  
KOA PG Teaching Program 2021

Dr. Bharath Raju G  
Secretary General KOA

Presidents Theme : Perfection Through Precision

**Karnataka Orthopaedic Association (KOA)**  
Online + Offline PG Teaching Program - 2021

22<sup>nd</sup> Aug. 2021  
9.00am-12.30pm, Sunday

Venue:  
Knowledge Centre Hall, Library building,  
Father Muller Hospital, Mangalore

Host:  
Father Muller Medical College, Mangalore  
In association with Canara Orthopaedic Society





Dr. H S Chandrashekar  
President KOA 2021

Dr. Ramesh Krishna K  
Chief Co-ordinator  
KOA PG Teaching Program 2021

Dr. Bharath Raju G  
Secretary General KOA

Presidents Theme : Perfection Through Precision

**Karnataka Orthopaedic Association (KOA)**  
Online PG Teaching Program  
September-2021

19<sup>th</sup> Sep, 2021  
9.00am-12.30pm, Sunday





Dr. H S Chandrashekar  
President KOA 2021

Dr. Ramesh Krishna K  
Chief Co-ordinator  
KOA PG Teaching Program 2021

Dr. Bharath Raju G  
Secretary General KOA

Presidents Theme : Perfection Through Precision

## KOA FELLOWSHIP

- ❖ One Month Fellowship.
- ❖ In four specialties -
  - Advanced Trauma Surgery
  - Arthroplasty
  - Spine Surgery
  - Arthroscopy & Sports medicine
- ❖ 23 candidates have completed the fellowships.
- ❖ 4 candidates are currently undergoing fellowship.





# BONE & JOINT WEEK 2021

Karnataka Orthopaedic Association along with the District Chapters conducted various programs during the Bone and Joint Week from 1<sup>st</sup> to 7<sup>th</sup> of August, 2021.

A theme-based webinar on “SAVE SELF - SAVE ONE” was organised on 4<sup>th</sup> of August, 2021. The same was reported in the print media.

The speakers were –

- Dr. Shantharam Shetty – Life Beyond Professional Life
- Dr. V.J. Purushotham – Work Life Balance
- Dr. Arvind M.N. – Self and Family Health
- Dr. Guruprashanth P. – Financial Health.

**IOA THEME - "SAVE SELF SAVE ONE"**

**INDIAN ORTHOPAEDIC ASSOCIATION & KARNATAKA ORTHOPAEDIC ASSOCIATION**

**BONE AND JOINT DAY PROGRAM**

**4th August 2021. 7 - 9pm IST**

**FACULTY**

Dr. M. SHANTARAM SHETTY  
Chairman, Karnataka Orthopaedic Association

Dr. PURUSHOTHAM V.J.  
President of Karnataka Orthopaedic Association

Dr. M. ARVIND  
President of Karnataka Orthopaedic Association

Dr. GURUPRASHANTH P.  
President of Karnataka Orthopaedic Association

**MODERATORS**

Dr. K.V. BALARAMA  
President, Karnataka Orthopaedic Association

Dr. SHANTARAM SHETTY  
President, Karnataka Orthopaedic Association

**KOA OFFICE**

Dr. ARVIND KUMAR SINGH  
President, Karnataka Orthopaedic Association

Dr. MALLIKARJUNASWAMY S  
President, Karnataka Orthopaedic Association

Dr. GURUPRASHANTH P  
President, Karnataka Orthopaedic Association

**PROGRAM**

- Welcome Address - President KOA
- Introduction of Faculty - Joint Secretary KOA
- Financial health - Mr. Guruprashanth P
- Self and Family Health - Dr. M.N. Arvind
- Work Life Balance - Dr. Purushotham V.J
- Life Beyond Professional Life - Dr. M. Shantharam Shetty
- Vote of Thanks - Treasurer KOA

**ನಿಟ್ಟಿವಿವಿ ಸಹ ಕುಲಪತಿ ಡಾ.ಎಂ ಶಾಂತಾರಾಮ್ ಶೆಟ್ಟಿ ಅಭಿಮತ**

**ಮೂಳೆ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯಲ್ಲಿ ಬೇಕಿದೆ ಸಂಶೋಧನೆ**

■ **ವಿಕಸನವಾಗುತ್ತಿರುವ ಮೂಳೆ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯಲ್ಲಿ ಬೇಕಿದೆ ಸಂಶೋಧನೆ**

ಬದಲಾವಣೆ ಬಂದ ನಂತರ ಬದಲಾವಣೆ ಆಗುತ್ತದೆ. ಮೂಳೆ ಮತ್ತು ಕೀಲು ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯಲ್ಲಿ ಬೇಕಿದೆ ಸಂಶೋಧನೆ. ಇದು ಕೂಡ ಈ ಕ್ಷೇತ್ರದಲ್ಲಿ ಸಾಕಷ್ಟು ಸಂಶೋಧನೆ ಆಗಬೇಕಿದೆ ಎಂದು ನಿಟ್ಟಿವಿವಿ ಸಹ ಕುಲಪತಿ ಡಾ.ಎಂ ಶಾಂತಾರಾಮ್ ಶೆಟ್ಟಿ ಹೇಳಿದರು.

ಕರ್ನಾಟಕ ಆರ್ಥೋಪೀಡ್ ಅಸೋಸಿಯೇಷನ್ (ಕೆಎಂಎ) ವರ್ಷದಿಂದ ರಾಷ್ಟ್ರೀಯ ಮೂಳೆ ಮತ್ತು ಕೀಲು ದಿನಾಚರಣೆಯನ್ನು ಆಯೋಜಿಸುತ್ತಿದೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಸಂಶೋಧನೆಯೇ ಬಹಳಷ್ಟು ತಂತ್ರಜ್ಞಾನ ಅಭಿವೃದ್ಧಿಗಾಗಿತ್ತು. ವಿವಿಧ ವಿಷಯದ ಅಂಶಗಳನ್ನು ಒಳಗೊಂಡು, ಬೇರೊಬ್ಬರನ್ನು ಬಳಸುವ ಮೂಳೆಗಳ ಜೋಡಣೆಯಲ್ಲಿ ಪ್ರಮುಖ ಪಾತ್ರವಹಿಸುತ್ತಿದೆ, ಎಂದು.

“ವೈದ್ಯ ಬದುಕನ್ನು ಮೀರಿದ ಜೀವಿ” ಎನ್ನುವ ವಿಷಯದ ಬಗ್ಗೆ ಮಾತನಾಡಿದ ಡಾ.ಎಂ. ಶಾಂತಾರಾಮ್ ಶೆಟ್ಟಿ, “ನಾವು ಎಷ್ಟು ವರ್ಷ ಬದುಕಿದ್ದೇವೆ ಎನ್ನುವುದು ಮುಖ್ಯವಾಗಿಲ್ಲ. ನಾವು ವರ್ಷವನ್ನು ಸಾಧನೆ ಮಾಡಿದ್ದೇವೆ ಎನ್ನುವುದು ಬಹಳ ಮುಖ್ಯ. ಇದನ್ನು ವರ್ಷ ಜೀವನದಲ್ಲಿ ಸಂಶೋಧನೆಯಿಂದ” ಎಂದರು.

ವೈದ್ಯಕಿಕ ಮತ್ತು ಕುಟುಂಬದ ಆರೋಗ್ಯದ ವಿಷಯದ ಮೇಲೆ ಮಾತನಾಡಿದ ಡಾ. ಅರವಿಂದ ಎಂ.ಎಸ್. “ಸದ್ಯಕ್ಕೆ ಕೊರೋನಾ

**ರಾಷ್ಟ್ರೀಯ ಮೂಳೆ ಮತ್ತು ಕೀಲು ದಿನ ಆಚರಣೆ**

ರಾಷ್ಟ್ರೀಯ ಮೂಳೆ ಮತ್ತು ಕೀಲು ದಿನ (ಎಂ.ಎಂ) 2021ರಂದು ಪ್ರತಿವರ್ಷ ಆಗಸ್ಟ್ 4ರಂದು ರಾಷ್ಟ್ರೀಯ ಮೂಳೆ ಮತ್ತು ಕೀಲು ದಿನ ಆಚರಿಸುತ್ತಿದೆ. ಈ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ದೇಶಾದ್ಯಂತ ಆ.1 ರಿಂದ ಆ. 7 ರವರೆಗೆ ಮೂಳೆ ಮತ್ತು ಕೀಲು ಕೀಲು ಸಂಬಂಧಿಸಿದ ವಿವಿಧ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿದೆ. ಈ ವರ್ಷ “ಸೇವ್ ಸೆಲ್ ಸೇವ್ ಒನ್” ಎಂಬ ಧ್ಯೇಯವಾಕ್ಯದೊಂದಿಗೆ ದಿನ ಆಚರಿಸಲಾಗುತ್ತಿದೆ. ಆಪ್ತಜ್ಞಾನಗಳಿಂದ ಸಂಭವಿಸುವ ಸಾವು ತಡೆ ಕುರಿತು ಜಾಗೃತಿ ಮೂಡಿಸಲಾಗುತ್ತಿದೆ ಎಂದು ಕರ್ನಾಟಕ ಆರ್ಥೋಪೀಡ್ ಅಸೋಸಿಯೇಷನ್ ಅಧ್ಯಕ್ಷ ಡಾ. ಎಚ್.ಎಸ್. ಚಂದ್ರಶೇಖರ್ ತಿಳಿಸಿದರು.

ಸೋಲಿಸು ಎಲ್ಲಾ ಕಡೆ ವ್ಯಾಪಕವಾಗಿ ಹಬ್ಬುತ್ತಿದ್ದು ಆದ್ದರಿಂದ ರಸ್ತೆಗಳಿಗೆ ಮಾದಿಕೋಳುಗಳನ್ನು ಎಸೆದಿದ್ದು ಸಮಗ್ರ ವೈಯಕ್ತಿಕ ಆರೋಗ್ಯದಲ್ಲಿ ಮೊದಲ ಹೆಜ್ಜೆಯಾಗಿದೆ, ಎಂದು.

ಆರ್ಥಿಕ ಸುಖಕ್ಕಾಗಿ ಮೊದಲ ಕುರಿತು ಗುರು ಪ್ರಧಾನಿ ಮಾತನಾಡಿದರು. ಡಾ. ಎಚ್. ಶರಣೇಂದ್ರಮು ಅವರು ಉದ್ದೇಶಿಗಾಗಿ ಮತ್ತು ಜೀವನ ಸಮಕೋನವನ್ನು ಹೇಗೆ ಕಾಯ್ದುಕೊಳ್ಳಬೇಕು ಎಂಬ ಬಗ್ಗೆ ಮಾತನಾಡಿದರು. ಕಾರ್ಯದರ್ಶಿ ಭರತ್ ರಾಜು ಬೆ ಮತ್ತಿತರರು ಇದ್ದರು.

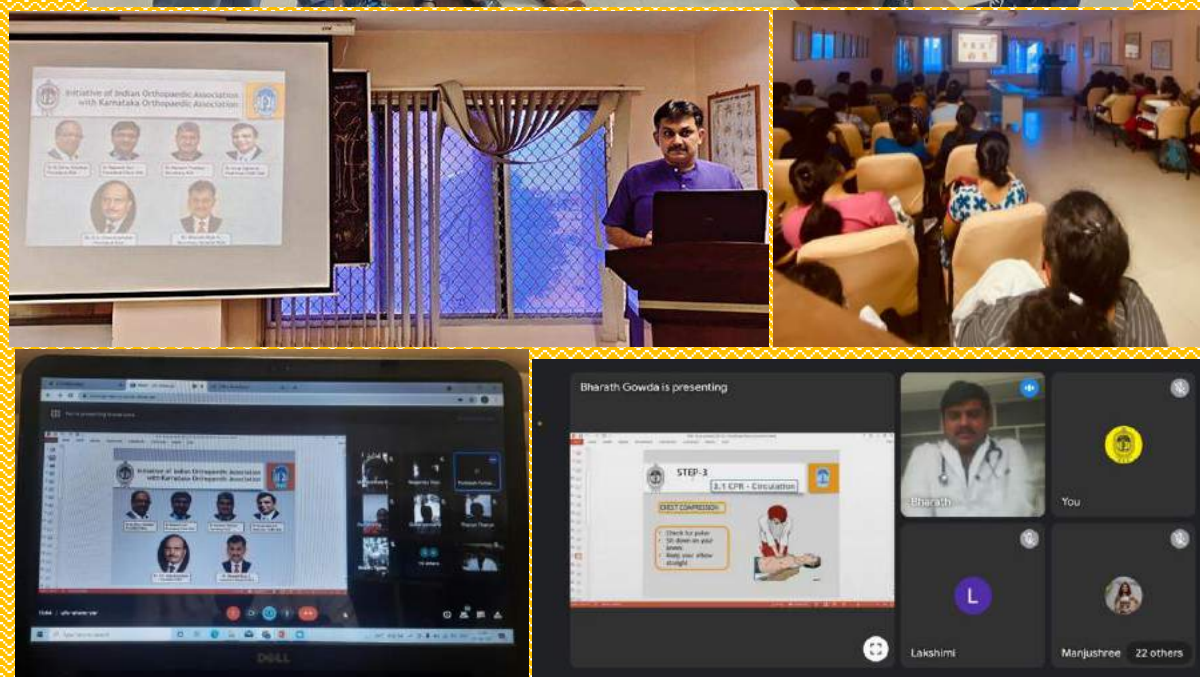


## **BLS Training:**

**On 1<sup>st</sup> of August 2021** about 100 police personnel were trained by the **Belgaum Orthopaedic Surgeons Society** at Bailhongal Police Station.



**On 4<sup>th</sup> August 2021**, about 200 medical, paramedical students and general public were trained in BLS at **Kempegowda Institute of Medical Sciences, Bengaluru**. Online BLS training was conducted for about 500 school children in Bangalore Rural District by the Department of Orthopaedics, KIMS, Bengaluru.





A Symposium was conducted by **Chandrama Dayanand Sagar Institute of Medical Education and Research, Bengaluru.**



**Bagalkot District Orthopaedic Association** along with Rotary Club conducted a talk on BLS.



A BMD screening camp was organised at **BGSGIMS, Bengaluru** and about 200 patients were screened.



On **5<sup>th</sup> August 2021**, a Trauma Symposium was conducted under the aegis of **Canara Orthopaedic Society, KOA, IOA**, at Father Muller Medical College, Mangalore.





**On 6<sup>th</sup> August 2021**, online BLS training was conducted for about 2000 students of Prism College and KH Patil Commerce College along with BMD camp by the **Hubli Dharwad Orthopaedic Association** and was covered by the press.



BLS training and BMD Screening was conducted at **ESIC Medical College, Bengaluru** and was covered by the visual media.



**On 7<sup>th</sup> August, 2021**, BLS training and BMD camp was organised at **Sanjay Gandhi Institute of Trauma and Orthopaedics, Bengaluru** and was covered by the press.





# ಜನ ಆರೋಗ್ಯವಾಗಿದ್ದರೆ ದೇಶವೂ ಬಲಿಷ್ಠವಾಗಲಿದೆ



ನಗರದ ಸಂಜಯಗಾಂಧಿ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಏರ್ಪಡಿಸಿದ್ದ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ನಿರ್ದೇಶಕ ಡಾ.ಎಚ್.ಎಸ್. ಚಂದ್ರಶೇಖರ್ ಮಾತನಾಡಿದರು.

## ■ ವಿಶ್ವ ಸುದ್ದಿಲೇಖಕ ಬೆಂಗಳೂರು

ನಮ್ಮ ಮೂಲ ಮತ್ತು ಕೀಲುಗಳು ಗಟ್ಟಿಯಾಗಿದ್ದರೆ ಮಾತ್ರ ದೇಶ ಬಲಿಷ್ಠವಾಗುತ್ತದೆ. ನಾವು ಎಷ್ಟು ಬಲಿಷ್ಠವಾಗಿರುತ್ತೇವೋ ಆಷ್ಟು ದೇಶ ಬಲಿಷ್ಠವಾಗಿರುತ್ತದೆ ಎಂದು ಸಂಜಯಗಾಂಧಿ ಟ್ರಸ್ಟ್ ಮತ್ತು ಆಸ್ಪತ್ರೆ ಸಂಸ್ಥೆಯ ನಿರ್ದೇಶಕ ಡಾ.ಎಚ್.ಎಸ್. ಚಂದ್ರಶೇಖರ್ ಹೇಳಿದರು.

ಸಂಜಯಗಾಂಧಿ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಏರ್ಪಡಿಸಿದ್ದ ರಾಷ್ಟ್ರೀಯ ಮೂಳೆ ಮತ್ತು ಕೀಲು ದಿನಾಚರಣೆ ಸಭಾಪದ ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿ ಅವರು ಮಾತನಾಡಿದರು. "ನಮ್ಮನ್ನು ನಮ್ಮ ರಕ್ಷಿಸಿಕೊಳ್ಳಿ. ಬೇರೆಯವರನ್ನು ರಕ್ಷಿಸಿ. ಎಲ್ಲರನ್ನೂ ಈ ಮಾರ್ಗದ ಮೂಲೆ ಮತ್ತು ಕೀಲು ದಿನಾಚರಣೆಯ ಫೋಟೋ ವಾಕ್ಯ. ಈ ನಿಟ್ಟಿನಲ್ಲಿ ಪ್ರತಿಯೊಬ್ಬರೂ ನಿಮ್ಮ

ರಕ್ಷಣೆಯ ಜತೆಗೆ ಬೇರೆಯವರ ರಕ್ಷಣೆಯನ್ನು ಮಾಡಬೇಕು" ಎಂದರು.

ಇದೇ ವೇಳೆ ಮಾತನಾಡಿದ ಕೆ.ಎಂ. ಪ್ರಧಾನ ಕಾರ್ಯದರ್ಶಿ ಡಾ. ಭರತರಾಜು, "2012ರಿಂದ ಪ್ರತಿವರ್ಷ ಆಗಸ್ಟ್ 4ರಂದು ರಾಷ್ಟ್ರೀಯ ಮೂಳೆ ಮತ್ತು ಕೀಲು ದಿನ ಆಚರಿಸಲಾಗುತ್ತಿದೆ. ಈ ಆಚರಣೆ ಒಂದು ದಿನಕ್ಕೆ ಸೀಮಿತವಾಗಿರುವುದು ಎನ್ನುವ ಉದ್ದೇಶದಿಂದ ಸಭಾಪದವನ್ನು ಮುಖ್ಯವಾಗಿ ಲಾಗಿದೆ." ಎಂದರು. ಅರಿವಳಿಕೆ ವಿಭಾಗದ ಸಹಾಯಕ ಪ್ರಾಧ್ಯಾಪಕ ಡಾ. ಮಾಲತಿ ಅನಿಲಕುಮಾರ್, ಮೂಲ ಜೀವದಾರಣೆ ಚಿಕಿತ್ಸೆ ಬಗ್ಗೆ ಮಾಹಿತಿ ನೀಡಿದರು. ಆಸ್ಪತ್ರೆ ನಿರ್ವಹಣೆ ಮತ್ತು ಕೀಲು ದಿನಾಚರಣೆಯ ಫೋಟೋ ವಾಕ್ಯ. ಈ ನಿಟ್ಟಿನಲ್ಲಿ ಪ್ರತಿಯೊಬ್ಬರೂ ನಿಮ್ಮ

## 'ಸ್ವಯಂ ಸುರಕ್ಷತೆಗೆ ಆದ್ಯತೆ ನೀಡಿ'



ಭಾರವಾಹ: ಸಮೀಪದ ವೈದ್ಯಕೀಯ ಅಕಾಡೆಮಿ, ನಿರಂತರ ವ್ಯಾಯಾಮ ಮತ್ತು ಸೂರ್ಯಕಿರಣಗಳಿಗೆ ಮೈದೊಡ್ಡುವುದರಿಂದ ಮೂಳೆಗಳು ಬಲಿಷ್ಠವಾಗಿವೆ ಎಂದು ಕಾರಣವಾಗಿ, ಮಾನವನಾಗಿ ಸ್ವಯಂಸಹಾಯ ಮಾಡಿ ಎಂದು ವೈದ್ಯ ಡಾ. ಸವಿತ ಮಂಜೇ ಹೇಳಿದರು.

ಐ.ಐ.ಎಸ್. ಮಹಿಳಾ ಕಾಲೇಜಿನಲ್ಲಿ ಮುಖ್ಯವಾರ್ತೆ ಅಧೀನದಲ್ಲಿ ಆರೋಗ್ಯವೇ ಮೂಲ ಮತ್ತು ಕೀಲು ಸಮಗ್ರ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಅವರು ಮಾತನಾಡಿದರು. "ಐ.ಐ.ಎಸ್. ಅಕಾಡೆಮಿ ವಿದ್ಯಾರ್ಥಿಗಳನ್ನು ತರಬೇತಿ ಕೊಡುವುದಾಗಿ ಸಂಜಯಗಾಂಧಿ ಟ್ರಸ್ಟಿನಲ್ಲಿ ಕಾಲೇಜಿನೊಳಗೆ. ಹೆಚ್ಚು ಮೊದಲಿನಿಂದಲೇ ಸ್ವಯಂ ಸುರಕ್ಷತೆ ಕಾಯ್ದುಕೊಂಡರೆ ಒಂದು ದೇವತೆಯ ರಕ್ಷಣೆ" ಎಂದರು.

ವಾಹನಗಳು ಅಪಾಯವಾಗಿದ್ದಾಗ ತಕ್ಷಣ ಮೂಲಕ ಹೋದರೆ, ರಕ್ತ ಸರಿಯುತ್ತದೆ. ಎದೆಬೋವು ಉಂಟಾದರೆ ಸಮಗ್ರ, ಮೂಲ ಸುರಕ್ಷತೆಯಾದರೆ ತಕ್ಷಣಕ್ಕೆ ಕೊಳ್ಳಬಹುದಾದ ಪ್ರಾಥಮಿಕ ಚಿಕಿತ್ಸೆಯ ವಿಧಿ ವಿಧಾನಗಳನ್ನು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ತಿಳಿಸಿದರು.

ಪ್ರಾಚಾರ್ಯ ಉಮೇಶ ಪ್ರದೀಪ್ ಅವರ ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿದ್ದರು. ಮಹಾಲಿಂಗ ಕಮಲಿ, ಐ.ಐ.ಎಸ್. ಸಂಸ್ಥೆಯ ನಿರ್ದೇಶಕ ಬಸವರಾಜು



BLS training was conducted at Mahesh PU College and Shreeya College in association with Rotary Club by the **Hubli Dharwad Orthopaedic Association** for about 1500 students and was covered by the press.



**Raichur Orthopaedic Society** conducted CME on BLS Training.





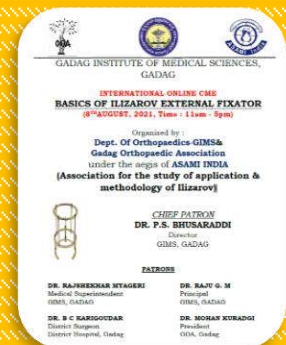
# OASISCON 2021



The 20<sup>th</sup> Annual Conference of OASIS – Orthopaedic Association of South Indian States on the 24<sup>th</sup> & 25<sup>th</sup> of September 2021 at Salem. KOA was represented by the Secretary General and Treasurer along with the OASIS Vice President.

## DISTRICT CHAPTER ACTIVITIES

International Online CME on Basics of Ilizarov External Fixator was conducted on 8<sup>th</sup> August 2021 by Dept. Of Orthopaedics GIMS & Gadag Orthopaedic Association, under the aegis Of ASAMI INDIA.



On the occasion of 75<sup>th</sup> Independence Day on 15<sup>th</sup> August 2021 **Hubballi Dharwad Orthopaedic Association** conducted blood donation camp and collected 19 pints of blood.

“CME and Hands on Workshop in Basics of Ilizarov Technique” was conducted at Kamakshi Hospitals, Mysore under the aegis of **Mysore Orthopaedic Association (MOA)** and **Karnataka Orthopaedics Association (KOA)** on 10<sup>th</sup> October 2021. It was attended by about 80 delegates.

**Mysore Orthopaedic Association** launched their new Logo at the inaugural ceremony.





The **Bengaluru Traumacourse 2021** (Hybrid) was conducted on 17<sup>th</sup> October 2021 at Bengaluru under the aegis of KOA and Trauma Society of India.

The theme was “Osteoarthritis”. The faculties were from Germany along with national and state faculty.

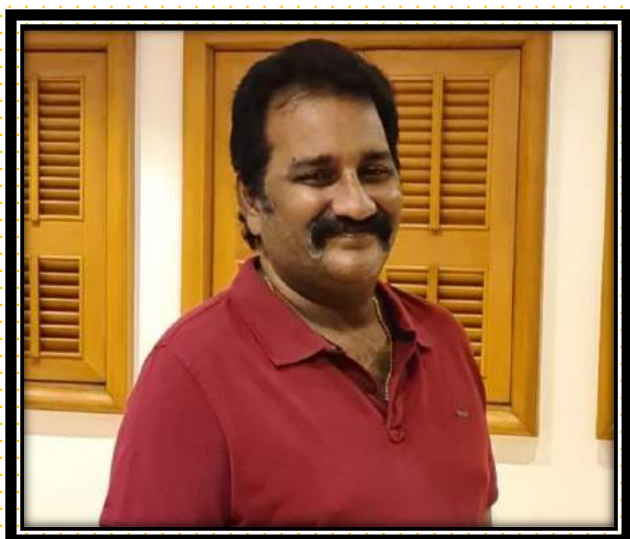


**Bangalore Orthopaedic Society** conducted the first physical Monthly Meeting after a gap of one and a half years on the 23<sup>rd</sup> of October 2021. It was attended by about 60 delegates





**Hubballi Dharwad Orthopaedic Association** conducted a CME on Management of Arthritic Pain on 13<sup>th</sup> November 2021, Hip Arthroplasty CME on 19<sup>th</sup> November 2021 and a BMD Camp on 21<sup>st</sup> November 2021.



### Obituary

Dr. K.V.P. Rao from Ballari left for heavenly abode on 20-09-2021.

He was the Managing Director of Kamineni Hospital, Ballari.

He has been the President of Ballari Orthopaedic Society and Organising Chairman – KOA ICL 2016.



# KOACON 2022

## KOACON 2022

BENGALURU



46<sup>th</sup> State Conference of Karnataka Orthopaedic Association

4<sup>th</sup> to 6<sup>th</sup> February 2022

Venue:  
St. John's Medical College  
Bangalore



St John's Medical College, Bangalore

### Welcome message



My dear colleagues and friends,

It is indeed an honour and privilege for me as President of Karnataka Orthopaedic Association to welcome all of you to the 46<sup>th</sup> annual conference of the KOA to be held from 4<sup>th</sup> to 6<sup>th</sup> February 2022 at St. John's College, Bangalore.

Bangalore, the Silicon Valley of India, has evolved as a major healthcare hub of both national and international significance.

Orthopaedics, today is a fountainhead, where specialisation and expertise are the norm, rather than an exception.

KOACON 2022 gives you an opportunity to meet, learn and interact with visionaries at the state, national and international level.

Bangalore in February has an excellent salubrious climate for us to meet, greet and socialise with each other.

The scientific program is designed to not only stimulate you, but it also envisions to share with you a plethora of topics from general orthopaedics to various subspecialties encompassing everyday dilemmas to rare predicaments.

We, the KOACON 2022 team, will leave no stone unturned to see that you will benefit immensely from this conference both academically and socially.

Presidential theme is Perfection through Precision. Hence we have various programs for this year like webinar series, P G testing programs, workshops in Districts, short fellowship programs. I request all members to utilise the programs.

Looking forward to meet you in person,

Thanking you  
Dr. Chandrashekar H S  
President  
KOA (2021-2022)

### Message from the KOA Secretariat:



Respected Seniors and Dear Friends,

Greetings from the KOA Secretariat.

The last year has been unduous for mankind. All around the world healthcare fraternity have been struggling hard with the new challenges thrown at us. We are still faced with the occurrence of the third wave. I hope we will be able to tide over it with precaution and better preparedness.

It gives me great pleasure to welcome you all to the 46<sup>th</sup> Annual Conference of Karnataka Orthopaedic Association "KOACON 2022" from the 04<sup>th</sup> to 06<sup>th</sup> of February 2022 at St. John's National Academy of Health Sciences, Bangalore.

The organising committee under the apt Chairmanship of Dr. Mallikarjunaswamy K, will leave no stone unturned in providing an academic extravaganza with warm hospitality. The venue St. John's Auditorium is one of the best in Bangalore.

I request you all to register in large numbers and make this a memorable conference.

Looking forward to meet you all at "KOACON 2022" in Bangalore and ensure it's a grand success.

Best Regards,  
Dr. Ananth Raju G,  
Secretary General, KOA.

### MESSAGE FROM ORGANIZING COMMITTEE

It gives us immense pleasure to invite you to the prestigious 46<sup>th</sup> Annual Conference of Karnataka Orthopaedic Association 2022 to be held in the garden city, Bangalore from FEBRUARY 4<sup>th</sup> to 6<sup>th</sup> 2022 at ST. JOHN'S MEDICAL COLLEGE Bangalore. In recent times, there has been resurgence in understanding of the orthopaedic conditions along with clinical research. Consequently, there has been a surge in each and every field of orthopaedics - joint replacement, spine surgery, pediatric related issues, trauma and sports injuries. Early diagnosis, appropriate treatment and rehabilitation have been the cornerstone of management of these conditions, to enable individuals return to the best of their ability. Now, minimally invasive surgery and rapid return to near normal status is the expectation of every individual.

In keeping with these demands, we have envisioned "Optimizing Clinical Outcomes - Scope for New breed of Orthopaedic surgeons" as the theme for this conference which is well aligned with our President's theme - Perfection through Precision.

There will be thought provoking didactic lectures, debates and case based discussions on topics related to each of these specialties along with workshop for each of the specialties. We have assembled distinguished faculty from across the world, India and or state, who are masters in their fields to share their knowledge and expertise with us. We request you all to be a part of this conference to learn, share and encourage your colleagues and postgraduate students to utilize this great opportunity.

We are overcomers with great resilience and shall see great number of you participating along with your family in this conference in post COVID scenario.

Warm regards



Dr. Mallikarjunaswamy K  
Organizing Chairman



Dr. Rajkumar S. Ameravati  
Organizing Secretary



Dr. Ananth Raju G  
Treasurer

### Registration Details

Category	Till Sept. 15, 2021	Sept 16 <sup>th</sup> to Oct. 31 <sup>st</sup> , 2021	Nov. 1 <sup>st</sup> to Dec. 31, 2021	Jan 1 <sup>st</sup> onwards & Spot
KOA Member	6,500/-	7,800/-	9,100/-	10,400/-
Non Member	7,800/-	9,100/-	10,400/-	11,700/-
Accompanying Person	5,850/-	7,150/-	8,450/-	9,750/-
PG students	5,200/-	6,500/-	7,800/-	9,100/-
Senior Citizen (Above 70 yrs)	No Registration fee Incidental charges of Rs. 200/- to be paid			
Workshops : 2,000/-				
Spine ACDF (Cadaveric)	Arthroplasty Hip & Knee	Arthroscopy Shoulder	Trauma Pelvis Acetabulum	Paediatric Orthopaedics Upper Limb Trauma

Note:

- First 40 Registrations for each workshop (\* Workshop - Select any one only)
- Above registration fee includes 18% GST and incidental charges of Rs. 200/-
- Post Graduate's should produce valid certificate attested by HOD

### Cancellations & Refunds

50% refund [Only regn. Charges] before 1<sup>st</sup> January 2022

No refunds after 1<sup>st</sup> January 2022

No refunds on workshop charges

All refunds will be sent after the conference

### Places to visit

Nandi Hills



Visvesvaraya Museum

Bannerghatta National Park



ISKCON Temple

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# 37, Service Road, Domlur Layout, Bangalore-560 071  
Customer Care : 2553 7410, 7891715711  
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Web : www.medilabindia.com

**25<sup>th</sup>**  
ANNIVERSARY  
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**RA-PLUS**  
Rapid Access to Patient Information

**TPS-CL**  
Total Patient Satisfaction

### REGISTRATION & ACCOMMODATION FORM

Name : .....

Institution : .....

KMC Regn. No: .....

Address : .....

Mobile No: .....

Email : .....

KOA Membership No. ....

Accompanying Person(s)

1.Name : .....

2.Name : .....

#### CME & Workshops

PGs should submit bonafide certificate by the HOD/ Principal of respective institutions

Are you attending the CME & Workshops ... Yes / No

1.Spine - ACDF (Cadaveric) ☐

2.Arthroplasty - Hip ☐

3.Arthroplasty - Knee ☐

4.Arthroscopy - Shoulder ☐

5.Trauma - Pelvi - Acetabular ☐

6.Paediatric Orthopaedics - Upper Limb Trauma ☐

Accommodation (budget) in SJMC Guest House (Next to venue)

Type of Accommodation:

☐ Single A/c Rs. 1,680/- ☐ Double A/c Rs. 2,240/-

☐ Single Non A/c Rs. 750/- ☐ Double Non A/c Rs. 1,120/-

Arrival Date ..... Arrival by ..... Arrival Time .....

Departure Date ..... Departure by ..... Departure time .....

\*Kindly send a payment equivalent to one night's accommodation along with registration fees

Send the DD / Cheque in favour of K S ORTHOPAEDIC ASSN. (KOACON 2022) payable at Bangalore.

Cheque / Draft No. Bank & date .....

#### Payment through NEFT:

Beneficiary : K S ORTHOPAEDIC ASSN. (KOACON 2022)

Bank : Bank of Baroda

Branch : Johnnagar Branch

IFSC Code : BARB0STJOHN (5th Term is numeric Zero "0")

A/c type & No: SB A/c & 05210100035777

If Online transfer, SMS the UTR No. with name to 9945138739 & send the application form to the below

mentioned address:

Dr. Rajkumar S. Ameravati

Organizing Secretary

Department of Orthopaedics

St. John's Med. Col. Hosp.

Bangalore - 560 034, Karnataka

Mobile No. 9945138739 / 9940401201

Email : rajkumar\_as@yahoo.co.in

#### Important Dates

Last date for Submission of Abstract (Online only) : 30/11/2021

Inaugural Function : 04/02/2022

General Body meeting : 05/02/2022

CME : 04/02/2022

Conference : 05/02/2022 & 06/02/2022

www.koacon2022.com



# KOA - ICL 2021

## KOA ICL ORGANISING COMMITTEE

### KOA Office Bearers

Dr. Chandrashekar H. S.  
President, KOA  
Dr. Bharath Raju G.  
Secretary General, KOA

### Organizing Chairman

Dr. Shiddanna M. Patil  
Organizing co-Chairman  
Dr. G.N. Sanadi  
Dr. Uday Naik

### Organizing Secretary

Dr. M.B. Mulimani  
Dr. Raju Akkimaradi

### ICL - Treasurer

Dr. N.B. Sanakal

### Scientific Committee

Dr. Girish Vasana  
Dr. Sandeep Kankareddy  
Dr. Uday Gude  
Dr. Harsha Kyalakond  
Dr. Kiran Hanashikanti

### Transport and Accommodation

Dr. S.S. Malpatil  
Dr. Sachin Katti  
Dr. Manojdev S.N.

### Advisors

Dr. P.S. Kaladagi  
Dr. V.R. Soragavi  
Dr. M.S. Daddanavar  
Dr. M.C. Bellad

### BDOA President

Dr. H.R. Katti

### BDOA Secretary

Dr. Girish Naikwadi

### BDOA Treasurer

Dr. N.B. Sanakal

### Reception

Dr. Shushrut Bhavi  
Dr. Vijay Kanti  
Dr. Santosh B. Chimankatti  
Dr. Shankar Penagundi  
Dr. N.R. Patil

### Food and Catering

Dr. Deepak Kaladagi  
Dr. Jagadish Katwa  
Dr. Vijay Daddanavar  
Dr. Sunil Malghun



B.V.V. Sangha's

S. Nijalingappa Medical College and  
H.S.K. Hospital & Research Centre, Navanagar, Bagalkot

## KOA-ICL

Organised By

Department of Orthopaedics

S N Medical College and HSK Hospital & RC, Bagalkot  
and  
Bagalkot District Orthopaedic Association (BDOA)

## PEARLS IN PAEDIATRIC ORTHOPAEDICS



Date - 4<sup>th</sup> and 5<sup>th</sup> December 2021

Venue - Athreya Hall, S N Medical College, Bagalkot.

### Dear Colleagues

Welcome to Bagalkot, the Heritage City ...its not just a place but a feel.

We the members and organizing team invite you to annual KOA-ICL on "Pearls In Paediatric Orthopaedics" on 4th and 5th December 2021.

We present you rich heritage and culture of Bagalkot with academic feast by enthusiastic national and state stalwarts.

ICL will be guide to all practicing surgeons and post graduate students who will be enlightened by conducted lectures.

We are sure that the event will excitingly engrave itself in your memories for a long time.

We look forward to your whole hearted support in making this ICL a grand success

With regards...

Dr. Shiddanna M. Patil  
Organizing Chairman  
Prof. & HOD, Dept. of Orthopaedics  
S.N.M.C., Bagalkot.

Dr. H.R. Katti  
President BDOA  
Bagalkot.

Dr. M.B. Mulimani  
Organizing Secretary  
KOA-ICL 2021.

### CHIEF PATRON

Shri. Dr. V.C. Charaminath

Chairman  
B.V.V. Sangha, Bagalkot

### PATRONS

Shri Mahesh Athani

Secretary  
B.V.V. Sangha, Bagalkot

Shri Ashok M. Sajjan (Bevoor)

Chairman  
Governing Council  
S.N.M.C. & H.S.K. Hospital  
Bagalkot

### MENTORS

Dr. Ashok S. Mallapur

Principal  
S.N.M.C. & H.S.K. Hospital  
Bagalkot

Dr. B.C. Yelamali

Medical Superintendent  
S.N.M.C. & H.S.K. Hospital  
Bagalkot

### PROGRAMME TOPICS

INTRODUCTION TO PAEDIATRIC ORTHOPAEDICS : HOW DIFFERENT IS IT TO ADULTS  
PHYSICAL INJURIES & ITS MANAGEMENT  
DISTAL RADIUS FRACTURES  
BOTH BONE FOREARM FRACTURES & THE MANAGEMENT  
SUPRACONDYLAR HUMERUS FRACTURES  
TRAISH INJURIES  
LATERAL CONDYLE HUMERUS FRACTURES  
RADIAL HEAD/NECK FRACTURES/MONTAGGIA FRACTURES  
NEGLECTED ELBOW INJURIES AND MANAGEMENT  
PROXIMAL FEMUR FRACTURES (TUNOP)  
FEMUR SHAFT FRACTURES  
PHYSICAL INJURIES AROUND KNEE & ANKLE  
POLYARTHRAIGIA - DIAGNOSTIC APPROACH  
INFECTION AROUND THE HIP - APPROACH IN NEONATE  
RICKETS - DIAGNOSTIC APPROACH  
BIRTH BRACHIAL PLEXUS PALSY  
LIMB LENGTH DISCREPANCY  
TORTICOLLIS  
SLIPPED CAPITAL FEMORAL EPIPHYSIS  
PEROTIS DISEASE  
CONGENITAL TALIPES EQUINO VARUS  
CONGENITAL VERTICAL TALLIS  
ANGULAR DEFORMITIES AROUND THE KNEE  
CASE BASED DISCUSSION

### ICL FACULTY

DR. RUDRAPRASAD DR. MANOHAR BABU DR. SHIDDANNA M. PATEL  
DR. JAYANT SAMPATH DR. GIRISH DR. H.R. KATTI  
DR. VIDYASAGAR C.K. DR. HARISH DR. NAVEN PATEL  
DR. ABHISHEK S. BHASME DR. NAVEN DR. ARAVIND HAMANNANAR  
DR. GIRISH NAIK WADI

## REGISTRATION FORM

Name \_\_\_\_\_  
Designation \_\_\_\_\_  
Institution \_\_\_\_\_  
Address \_\_\_\_\_  
Ph. No. \_\_\_\_\_ Mobile \_\_\_\_\_  
E-mail \_\_\_\_\_  
Demand draft No. \_\_\_\_\_  
Bank \_\_\_\_\_  
Amount Rs. \_\_\_\_\_ Dated \_\_\_\_\_  
Signature of the delegate \_\_\_\_\_

- Registration Fee for consultants : Rs. 1500/- & post graduates : Rs. 1000/-
- Post graduates should get permission letter from respective HOD
- For Online Transfer
- A/c name : "ORTHO TEACHING S.N.MEDICAL COLLEGE, BAGALKOT"
- IFSC Code : UBIN0921491
- SB A/c No : 520101004521605
- UNION BANK OF INDIA, SNMC CAMPUS, BAGALKOT
- DD In Name of : "ORTHO TEACHING S.N.MEDICAL COLLEGE, BAGALKOT"
- Phone no: 8217051358 UPI id : 8217051358@ybl
- Last date for receiving registration form and DD is 30th November 2021



Address for correspondence :  
Dr. M. B. Mulimani  
Organizing Secretary  
Ph : 9448691122  
Email : mulimanimattur@gmail.com  
Dr. Raju Akkimaradi  
Joint Secretary  
Ph : 9980258811  
Email : dr.rajucab0@gmail.com

Department of Orthopaedics  
S. N. Medical College & H S K hospital  
Navanagar, Bagalkot 587102



# KOA ELECTIONS 2022

**Dear Members,**

Applications are hereby invited for the following posts of Karnataka Orthopaedic Association for the year **2022 – 2023**:

1. **PRESIDENT ELECT KOA 2022 - 2023:** 1 (One) Post
2. **Executive Committee Members:** 6 (Six) Posts
3. **KOACON 2024:** South Zone

**The Applicants should apply only in the Nomination Form Attached.**

## **KOA Election Schedule:**

Date for sending nomination form through Newsletter/Website/Email	01 <sup>st</sup> December 2021
Last date for receipt of Nomination form by Election Officer	15 <sup>th</sup> December, 2021
Last date for withdrawal of nominations	22 <sup>nd</sup> December, 2021
Code of Conduct Ensued	23 <sup>rd</sup> December, 2021
Last date for request of Online Registration	08 <sup>th</sup> January, 2022
Start of Online voting	10 <sup>th</sup> January 2022, 09:00 AM
Last date for online voting	31 <sup>st</sup> January 2022, 05:00 PM
Counting and Final Tally	03 <sup>rd</sup> February, 2022
Announcement of Results	AGM on 05 <sup>th</sup> February, 2022

## **Important information:**

1. Only KOA Life Members are allowed to Contest / Propose or Second a contestant.
2. The District Chapters of South Zone only can apply for KOACON 2024.
3. An endorsement letter on the letterhead of the respective District Chapter has to be attached with the application.
4. Voting will be online only.
5. To enable online voting please update your Member Profile/Email ID/Mobile No. on the website [www.koaindia.org](http://www.koaindia.org).
6. **For any help in registering**, contact Web Master **Mr. Kiran - 8050386435 / Mr. Praveen Udupa - 9945038622**
7. Nomination form is to be completed and mailed in both forms (i.e., hard and soft copy) to **The Election Officer and Secretary General, KOA.**

Please address all correspondence regarding the election to:

Dr. Bharath Raju G.  
Secretary General, KOA  
No. 98, "ANJANADRI",  
3<sup>rd</sup> Main, 3<sup>rd</sup> Stage, Vinayaka Layout,  
Vijayanagara, Bengaluru – 560040  
Email ID: [drbkoasg@gmail.com](mailto:drbkoasg@gmail.com)  
Mob. No.: 9945982729





# KOA ELECTIONS 2022

**Nomination Form**  
(Photocopy can also be used)

**Name of Contestant:**  
**KOA Membership No.:**  
**Phone Number:**  
**Email ID:**  
**Signature:**

Post Applied for: (Please tick the appropriate box)

**President Elect** - ☐

**Executive Committee Member** - ☐

**Proposed by:**

**Seconded by:**

Name : .....

Name: .....

KOA Membership No.: .....

KOA Membership No.: .....

Signature:

Signature:

**Conference Venue - KOACON 2024: South Zone**

**Name of the District Chapter:**

**Name of the Organising Chairman:**

KOA Life Membership No.:

Signature:

**Name of the Organising Secretary:**

KOA Life Membership No.:

Signature:

## Declaration of the Contestant

I hereby agree to contest for the post of ..... of the Karnataka Orthopaedic Association / Conference Venue KOACON 2024. If elected I will serve the Association to the best of my ability. I shall not use any unfair means for my election.

Date : .....

Place : .....

Signature of Contestant/Organising Chairman

**Date:**