

# **KOA BULLETIN**

### KARNATAKA ORTHOPEDIC ASSOCIATION

www.koaindia.org



COMPILED BY: DR. BHARATH RAJU G.

# **KOA President's Message:**

My Dear Esteemed KOA Member,

Warm wishes for New Year and Makara Sankranti greetings to all of you.

We started the year '22 with third wave looming large all over the country and now we are in the same situation with fourth wave threat all over. I am Confident and Hopeful that this threat will fizzle out like the 3rd wave.

Throughout the year we had wonderful events all over Karnataka, luckily without the fear of Covid. We had more than 20 CME's, Live & Hands on Workshop's /PG Teachings & lastly ICL was held at Raichur. All were well attended and appreciated.

Chamarajanagar was the latest district of our state to contribute and conduct CME. A live workshop on TKR in the month of December from Department of Orthopaedics/ CIMS.

With all your efforts and help, we stood first & could Bag the Best Chapter award of OASIS 2022 and narrowly missed AK Gupta trophy, coming 3rd, all over India.

The best reward was winning the bid to host IOACON '24 & bringing the IOA Conference to Namma Bengaluru after a long gap of 16 years. I beg and seek full Co-operation of each and every one to make this a memorable event and bring laurels to KOA and our State.

Our annual event, KOACON' 23, which will be at Belgaum on 3, 4 & 5th of February. The Organising committee is taking all steps to make it an Academic extravaganza and great event. I request all of you to come and share your knowledge and experience. Will be eager to meet all of you.

Finally, I thank all the Seniors for guiding me throughout the year and appreciate each and every one who Contributed & helped in achieving the best results for KOA in OASIS and National level.



See you all at Belgaum.



Dr. Aswani Kumar Singh J.

# **Message from the KOA President Elect:**

### My Dear Teachers, Seniors and Friends,

I am grateful to all of you for selecting me to be the 'President Elect-2022'. I will be taking over the helm of affairs of our esteemed association during our next conference at Belgaum.

I am indebted to all my friends and seniors with whose help I have won the election unanimously. Without taking any names, I sincerely and humbly thank them for this esteemed honour.

I have worked as the 'Secretary General' for three years from 2015 and I am well aware about the needs of our members and the opportunities we have in the association. I need your support and help in order to use our resources effectively. During my forthcoming tenure, I humbly request all of you to support me in making our association more vibrant with a variety of academic and other activities. Your active participation is very much anticipated and will be greatly appreciated.

Let us all meet at the annual conference of our association at Belgaum.



With Warm Regards,

Dr. Edward L. Nazareth

# **From the KOA Secretariat:**

### Respected Seniors and Dear Friends,

Greetings from the KOA Secretariat.

I thank all of you for your continued support and guidance in the second year of my tenure as Secretary General of the KOA.

I present to you the 19th Volume of the **KOA Bulletin**.

The year has been marked with a slew of academic activities across the state.

The members of KOA have actively campaigned for IOACON 2024 - Bengaluru. This effort has ensured KOA winning the bid to host "IOACON 2024 Bengaluru".

The support and cooperation of all the KOA members and the District Chapter Office Bearers has ensured KOA winning the "Best State Chapter Award of OASIS" for the first time.

The KOA Website has been redesigned and updated with many new features such as Job Vacancies Page, Events Page, Fellowship Page and Achievement Page. The Members can access the website, update their profile and post on these pages after registering on the website.

The gala academic event 47<sup>th</sup> Annual Conference of KOA – KOACON 2023 is being conducted at Belagavi from the 3<sup>rd</sup> to 5<sup>th</sup> of February 2023.

Looking forward to meet you all at Belagavi.

Long Live KOA.

Best Regards,

Dr. Bharath Raju G.

### **KOA Office Bearers 2022 - 2023**



Dr. Aswani Kumar Singh J. President



Dr. Bharath Raju G. Secretary General



Dr. Edward L. Nazareth President Elect



Dr. H.S. Chandrashekar Past President



Dr. Roshan Kumar B.N. Past Secretary General



Dr. N. Nithyanand Rao President Elect OASIS



Dr. Avinash P. Joint Secretary



Dr. Ravish V.N. Treasurer



Dr. Anil K. Bhat Editor JKOA



Dr. Shailesh V. Udapudi Organising Chairman KOACON 2023



Dr. Anil B. Patil Organising Secretary KOACON 2023

### **Executive Committee Members**



Dr. Yathiraju T.



Dr. Vikram Shetty



Dr. Sridhar Reddy V.



Dr. Rudramuni A.K.



Dr. Narayan Swamy Nayak



Dr. Srinivas N.



Dr. Gaurav M.



Dr. Suresha B.



Dr. Mahesh Kumar M.N.

# **Zonal Co-Ordinators**



Dr. Sachidananda Rai B.



Dr. Gururaj Murgod



Dr. A.C. Vinod Kumar

# **Web Co-Ordinator**



Dr. Satya Vamsi Krishna

# **Academic / PG Co-Ordinators**



Dr. Satish Shervegar



Dr. Prakashappa T.H.



Dr. Neelanagowda Patil



Dr. Anil B. Patil



Dr. S.F. Kammar



Dr. Sachin Shah



Dr. Harish P.



Dr. Dayanand B.B.

# KOA ZONES

### I - CENTRAL ZONE

- 1. Bengaluru
- 2. Bengaluru North
- 3. Chikkaballapur
- 4. Tumkuru
- 5. Kolar

### II - SOUTH ZONE

- 1. Chamarajanagara
- 2. Chikkamagaluru
- 3. Chitradurga
- 4. Dakshina Kannada
- 5. Hassan
- 6. Kodagu
- 7. Ramanagara
- 8. Mandya
- 9. Mysuru
- 10.Shivamoga
- 11.Udupi
- 12.Uttara Kannada

### III - NORTH ZONE

- 1. Bagalkot
- 2. Ballari
- 3. Belagavi
- 4. Bidar
- 5. Davanagere
- 6. Gadag
- 7. Haveri
- 8. Hubballi Dharwad
- 9. Kalaburgi (Gulbarga)
- 10.Koppal
- 11.Raichur
- 12. Vijayapura (Bijapur)
- 13. Yadgir



### **KOA - DISTRICT CHAPTER**

KOA					
	Name of the Chapter	President	Ph. No.	Secretary	Ph. No.
1	Bagalkot District Orthopaedic Association (BDOA)	Dr. H.R. Katti	9845378505	Dr. Girish Naikawadi	9632999770
2	Ballari Orthopaedic Society (BOS)	Dr. M.J. Shashidar Reddy	9845226719	Dr. Shiva Naik	9845420524
3	Bangalore Orthopaedic Society (BOS)	Dr. Vanamali B.S.	9845166595	Dr. G. Srinivas Reddy	9845019191
4	Belgaum Orthopaedic Surgeons Society (BOSS)	Dr. Hemant Koujalgi	9845619112	Dr. Puneet H. Chamakeri	8095398054
5	Bidar Orthopaedic Association (BOA)	Dr. Rajshekar Sedamkar	8050393805	Dr. Vaibhav Bhadbhade	9916877552
6	Canara Orthopaedic Society (COS)	Dr. Sachidananda Rai B.	9448455166	Dr. Latheesh Leo	8277466976
7	Davanagere Orthopaedic Society (DOS)	Dr. Anil Nelvigi	9448155099	Dr. Raghu Kumar	9449730435
8	Gadag Orthopaedic Association (GOA)	Dr. Mohan Kuradagi	9448232032	Dr. Ronald Khannapur	9482361892
9	Gulbarga Orthopaedic Association (GOA)	Dr. Kishore S. Menji	9845293511	Dr. Chetan R. Shah	9448251323
10	Hassan Orthopaedic Association (HOA)	Dr. Mahesh V.	9448792422	Dr. Dinesh	9449253241
11	Hubli Dharwad Orthopaedic Association (HDOA)	Dr. Veerendra Bhasme	9448981375	Dr. Vivek Patil	9480946999
12	Mysore Orthopaedic Association (MOA)	Dr. Neelanagowda VP Patil	9884701884	Dr. Arun G.R.	9003343337
13	Raichur Orthopaedic Society (ROS)	Dr. Arun K. N.	9448215932	Dr. Kanakachalapathi	97392 88872
14	Shimoga Orthopaedic Society (SOS)	Dr. Shivayogappa U.	9448337454	Dr. Suresha B.	9538504321
15	Vijaypura Orthopaedic Association (VOA)	Dr. Santosh Nandi	9448391760	Dr. Shreepad Kulkarni	9964670630
16	Tumkur Orthopaedic Association (TOA)	Dr. Tyagaraj	9844063129	Dr. Chandan	9741576036
17	Uttar Karnataka Orthopaedic Association (UKOA)	Dr. Suresh Bhat	9448139695	Dr. Nitin Pickle	9448125998

# Minutes of the KOA AGM 2022

Date: 05-03-2022

Hybrid Mode: Venue: - Hotel Royal Fort, Ballari on Zoom Platform

**Attended by:** Physical: - 28.

Online: - 150.

The meeting was supposed to start at 03.30pm, as there was no quorum it was postponed by 15 minutes.

The meeting started at 03.45pm after the quorum was reached with an invocation song and lighting of the lamp.

The President, Dr. H.S. Chandrashekar called the house to order.

The Secretary General, Dr. Bharath Raju G. welcomed the members present physically as well as online to the Annual General Body Meeting of Karnataka Orthopaedic Association and thanked all the members for giving an opportunity to serve as the Secretary General.

The Secretary General read out the **Obituaries** in the year 2021 – 2022. Dr. K.V.P. Rao (Membership No. R-17) from Ballari and Dr. D.N. Erappa Reddy (Membership No. E-1) from Bengaluru. Dr. Srinivas from Ballari spoke about Dr. K.V.P. Rao and Dr. Nithyanand Rao N. spoke about Dr. D.N. Erappa Reddy. A minute of silence was observed as a mark of respect to the departed souls.

Dr. H.S. Chandrashekar, President KOA gave the **Presidential Address**. He welcomed the gathering and thanked all the members for the cooperation during his tenure as President. He mentioned about the various activities planned after he took over as President on 06<sup>th</sup> February 2021.

The Presidential Theme was "Perfection Through Precision". Many programs like Training of young orthopaedic surgeons, PG training program, CMEs and Workshop in district and taluks of the state were planned.

A Cadaveric Workshop was conducted in April at Tumkur just before the second wave of Covid. A short-term fellowship of one month was started in Spine, Sports Medicine, Arthroplasty, Advanced Trauma and Paediatric Orthopaedics which was availed by 34 orthopaedic surgeons. Monthly webinars were conducted regularly with International, National and State faculties. PG Teaching Programs were also regularly conducted in all the three zones.

KOA ICL 2021 was planned at Bagalkot and was converted to virtual ICL due to the third wave of covid.

The President mentioned that KOACON 2022 is postponed and asked all the members to attend the same and make it a success.

The President mentioned about the efforts to procure a CA site for KOA and said he would work for the same in future. The President mentioned about the resolutions passed by the EC to have a permanent Secretariat Office and Office Secretary.

The **Secretary General's Report** was read out by Dr. Bharath Raju G. He thanked the President, for all the support extended. The Secretary General also thanked the Past President, Past Secretary General, President Elect, OASIS Vice President, Joint Secretary, Treasurer, the Editor Journal of KOA, Executive Committee Members and the KOA Coordinators for their support and cooperation.

The Secretary General mentioned that he took charge as the Secretary General on the 01<sup>st</sup> of April 2021, along with Dr. Satish Shervegar as Joint Secretary and Dr. Ravish V.N. as Treasurer.

The Secretary General mentioned that the renewal of the Association pending for the past 2 years due to Covid was done.

The Secretary General mentioned that the 45<sup>th</sup> annual conference of KOA, KOACON 2021 was postponed and conducted in a Virtual mode on 30<sup>th</sup> and 31<sup>st</sup> of July at Hassan. There was a total of 466 registrations. The conference was inaugurated by Jagaduru Sri Sri Sri Nirmalanandanatha Swamiji along with Dr. B. Shivashankar, President IOA as guest of honour. The senior members Dr. T.R. Nagaraj from Hassan, Dr. J.S. Hegde from Mysuru and Dr. J.N. Sridharamurthy from Bengaluru were felicitated along with the Past Secretary Generals Dr. Ravishankar, Dr. Edward Nazareth and Dr. B.N. Roshan Kumar. The Presidential Oration was delivered by Dr. Mallikarjunaswamy B., Dr. Varghese Chacko Oration was delivered by Dr. Ajith Kumar M. and Dr. Shyam Sundar Shetty Oration was delivered by Dr. B. Shivashankar. The detailed report to be presented by the Organising Secretary of KOACON 2021.

The Secretary General mentioned that the first event he attended was the KOA ICL 2020 with the theme "Hip and Knee Arthroplasty – Back to Basics" which was postponed to the 3<sup>rd</sup> and 4<sup>th</sup> of April 2021 at Belagavi. It was inaugurated by Dr. Mallikarjunaswamy B. Past President of KOA and attended by about 200 delegates.

The Secretary General mentioned that the KOA ICL 2021 with the theme "Pearls on Paediatric Orthopaedics" was planned on the 4<sup>th</sup> and 5<sup>th</sup> of December 2021 at Bagalkot but had to be converted to virtual meet on the 4<sup>th</sup> of December due to the outbreak of the third wave of covid. It was inaugurated by Dr. H.S. Chandrashekar, President KOA and attended by about 200 delegates.

The Secretary General mentioned that a one-month short term fellowship was started by the President in Spine, Sports Medicine, Arthroplasty, Advanced Trauma and Paediatric Orthopaedics which was availed by 34 orthopaedic surgeons.

"Smt. Surekha Rajendra Memorial Inland Fellowship, "Bisal Muddu International Travelling Fellowship" and "KOA Trauma Travelling Fellowship" programs were not conducted this year due to the pandemic.

The Secretary General mentioned that Webinars were regularly conducted every month by Dr. Satish Shervegar. Ten webinars have been conducted with international, national and state faculties.

The Secretary General mentioned that the PG teaching programs were conducted in Hybrid format by Dr. Ramesh Krishna as the coordinator. Six programs have been conducted in all the zones by rotation.

The Secretary General mentioned that only one physical CME and Workshop was conducted on Pelvi-Acetabular fractures at Tumkur by Dr. Deepak Shivanna as the coordinator along with Tumkur Orthopaedic Society. It was inaugurated by Dr. H.S. Chandrashekar and attended by about 40 delegates.

The Secretary General mentioned that the Bone and Joint Week was observed from the 1<sup>st</sup> to 7<sup>th</sup> of August 2021 with the theme "Save Self Save One". A theme-based webinar was organised on the 4<sup>th</sup> of August, speakers were Dr. Shantharam Shetty, Dr. V.J. Purushotham, Dr. Arvind M.N., Mr. Guruprashanth P.

The various District chapters conducted programs during the week. BLS training was conducted for about 100 police personnel, 500 medicos and paramedical students, 4000 school and college students. Symposiums on Trauma and Lifestyle training along with BMD camps were organized.

The Secretary General mentioned that 6 Executive Committee meetings have been conducted this year, 2 in hybrid mode and 4 in virtual platform. Two Conference Committee meetings of KOACON 2022 have been conducted.

The Secretary General mentioned that only one KOA bulletin has been published this year due to few activities conducted.

The Secretary General mentioned that two issues of the Journal of KOA have been published.

The Secretary General mentioned that the website has been redesigned and a community page along with a job portal have been added.

The Secretary General mentioned that a record 111 KOA membership applications have been received. OASIS memberships ratified are 36, IOA memberships ratified are 49 (46 – Life, 3 – Associate).

The Secretary General mentioned that he has represented and presented state reports at all OASIS EC meetings. OASIS Traumacon 2021 was hosted by KOA and one OASIS ICL was conducted by KOA. He attended the 20<sup>th</sup> Annual Conference of OASIS on the 24<sup>th</sup> & 25<sup>th</sup> of September 2021 at Salem. Dr. Ashok Kalamdani from Hubli was felicitated for Lifetime Achievement.

The Secretary General mentioned that he has represented and presented state reports at all the IOA EC meetings and CSRC meetings. As a member of the IOA Trauma Committee organized IOA Trauma Ki Paathshala. Attended IOACON 2021 the 66<sup>th</sup> Annual Conference of IOA from the 21<sup>st</sup> to 25<sup>th</sup> of December 2021 at Goa and presented the CSRC - Vision IOA.

The Secretary General mentioned the District Chapter activities. Attended the "CME and Hands on Workshop in Basics of Illizarov Technique" conducted at Kamakshi Hospitals, Mysore under the aegis of KOA and MOA on 10<sup>th</sup> October 2021. Mysore Orthopaedic Association launched their new Logo at the inaugural ceremony.

KIMS CME-2021 on Shoulder Trauma and Arthroscopy was conducted on 27<sup>th</sup> November 2021 at KIMS Hubli under the aegis of KOA and HDOA.

Shoulder Conclave 2022 was conducted at Kanachur Institute of Medical Sciences on 22<sup>nd</sup> January 2022 under the aegis of KOA and COS.

11<sup>th</sup> Dr. M. Sudhakar Shetty Memorial 39<sup>th</sup> Mangalore Orthopaedic Course was conducted from 18<sup>th</sup> to 20<sup>th</sup> of February 2022 under the aegis of KOA and COS.

The Secretary General thanked all the members.

The Secretary General's report was passed by the house. Proposed by Dr. Uday Kumar and seconded by Dr. Gururaj Murgod.

The **KOA Treasurer's Report** was presented by the Treasurer Dr. V.N. Ravish. A few members asked for the copy of the audited accounts. The Secretary General said that since the account statements were mailed to all the members twice and with the initiative of going green, the printed copies were not circulated.

The Treasurer read out the Balance Sheet as on 31<sup>st</sup> March 2021 and the Income and Expenditure Account for the year ended 31t March 2021. The excess of Income over Expenditure of Rs. 7,98,013 has been transferred to the general fund. The Term Deposits – 6 with the Secretariat and 1 of the KOA Oration Fund with Dr. Sharath Rao was presented to the AGM.

The Treasurer's Report was passed by the house. Proposed by Dr. Sachidananda Rai and seconded by Dr. Mallikarjunaswamy B.

The **KOA ICL 2020** report was presented by the Organising Secretary Dr. Gangadhar Umarani. The accounts were presented. The report was passed, proposed by Dr. Narendra and seconded by Dr. Ram Subba Reddy.

The **KOACON 2021** report and accounts were presented by the Organising Secretary Dr. Sreeranga. A detailed report of the conference conducted in a hybrid format was presented. A CME on Intra Articular Fractures was conducted. The accounts of the conference were presented and a total of Rs.30,49,186/- was the income. The expenditure was Rs. 27,91,999/-. The balance amount is Rs. 2,57,187/-. He expressed that Rs. 1,00,000/- will be handed over to KOA. The President mentioned that it was passed in the previous AGM that the organising committee has to contribute 5% of the collected amount to KOA, hence the President asked the Organising Secretary to hand over Rs. 1,50,000/-. The same was passed by the house. Proposed by Dr. Mallikarjunaswamy B. and seconded by Dr. Srinivas.

The **KOA ICL 2021** report was presented by the Organinsing Secretary Dr. Girish Naikwadi. The ICL was conducted on a virtual platform and was attended by about 200 delegates. The report was passed, proposed by Dr. Vinod Kumar and seconded by Dr. Avinash Parthasarathy.

The report and results of the **KOA** Elections 2022. The Secretary General read out the notification of KOA Elections 2022 and mentioned that a printed nomination form was used for the first time. The elections were completely online for the first time.

Two nominations were received for one post of President Elect 2022 – 2023: Dr. Edward L. Nazareth and Dr. Ramesh Krishna K.

Dr. Ramesh Krishna withdrew his nomination.

Two nominations were received for KOACON 2024 venue:

Mysuru (MOA) and Shivamogga (SOS).

Six nominations were received for six posts of Executive Committee members: Dr. Yathiraju T., Dr. Narayan Swamy Nayak, Dr. Srinivas N., Dr. Vikram Shetty, Dr. Rudramuni A.K. and Dr. Gaurav M.

Elections were held only for KOACON 2024 venue.

Total Votes polled was 617.

Mysuru received 279 (45.2%) and Shivamogga received 338 (54.8%).

The results were declared as follows -

#### **President Elect 2022 – 2023:**

Dr. Edward L. Nazareth

#### **Executive Committee Members 2022 – 2023:**

Dr. Yathiraju T.

Dr. Narayan Swamy Nayak

Dr. Srinivas N.

Dr. Vikram Shetty

Dr. Rudramuni A.K.

Dr. Gaurav M.

### KOACON 2024 Venue: Shivamogga

Organising Chairman: Dr. Sudheendra P.R. Organising Secretary: Dr. Harish S. Pai

The house passed the KOA Elections 2022 report and results. Proposed by Dr. Abdul Khader and seconded by Dr. Shiva Naik.

The **Ratification of the Minutes of the AGM 2021** held on 6<sup>th</sup> February 2021 at Hotel Ramanashree, Bengaluru. The Secretary General presented the minutes of the previous AGM. The house passed the AGM minutes, proposed by Dr. A.M. Radhakrishna and seconded by Dr. Vinod.

The Executive Committee 2021 - 2022 Resolutions for AGM approval. The Secretary General read out the EC resolutions of the year 2021 - 2022.

1. **IOACON 2024:** KOA shall bid for IOACON 2024 at Bengaluru, which was passed in the previous AGM. The house ratified the same, proposed by Dr. Aswani Kumar Singh and seconded by Dr. Nithyanand Rao N. The Organising Committee to have representation from all the 3 zones of KOA. The Organising Committee shall be formed by the resolution of the Executive Committee of KOA. A professional event management company to be hired for IOACON 2024 campaign purpose. The house passed the same, proposed by Dr. Shantharam Shetty and seconded by Dr. Mallikarjunaswamy B.

- 2. Postponement of KOACON 2021 and Postponement of KOACON 2022 to the first week of May 2022. The house passed the same, proposed by Dr. Anil Patil and seconded by Dr. Narayan Swamy Nayak.
- 3. **KOA Website:** Renewal and updation. Appointing Dr. Satya Vamsi Krishna, Bengaluru as KOA Website Coordinator by the EC for 3 years. The house passed the same, proposed by Dr. Uday Kumar and seconded by Dr. Madan Ballal.
- 4. **Journal of KOA:** In view of duplicate submission of articles to the Journal, the Editor of JKOA has prepared Journal Guidelines. The Editor of JKOA Dr. Anil K. Bhat mentioned that JKOA has been the flagship academic activity of KOA. The Journal has been indexed by Index Copernicus and the DOAJ indexing is in process. The team of the journal have been working hard to maintain highest standards. The concerns of academic misconduct were Duplicate Publications and improper submission by postgraduates of their entire thesis for NMC purpose. The Journal follows Committee of Publication Ethics (COPE) guidelines, which is mentioned in the JKOA website. The members to guide their postgraduates regarding the same and avoid academic misconduct. In case of any academic misconduct the author will be blacklisted, and the publication will be withdrawn. The house passed the same, proposed by Dr. Gururaj Murgod and seconded by Dr. Srinivas.
- 5. The dormant JKOA account which was opened by the past Editor to be closed and the amount in the account to be transferred to the KOA main account. The house passed the same, proposed by Dr. Anil Patil and seconded by Dr. Vinod Kumar.
- 6. **KOA Auditor:** The previous auditor C.S. Harish & Co. to be continued for the next 3 years. The house passed the same, proposed by Dr. Sachidananda Rai and seconded by Dr. Rajagopal.
- 7. **KOA Election Vendor:** The previous vendor A1 Logics to be continued for next 3 years. Dr. Gururaj Murgod suggested going for a tender process for appointing the vendor. The President Elect Dr. Aswani Kumar Singh mentioned that the vendor has done the trial run for 3 years and the safety features were ascertained hence the EC has resolved to continue the vendor. The President mentioned that the tender process will take about 3 6 months and to ascertain the credentials of the vendor placing the bids require time hence to continue this vendor for another 2 years and start tendering process by then. The Secretary General highlighted that the same matter was discussed along with the lack guidelines in the KOA Constitution for Online Elections and after a lot of deliberation the EC resolved to continue with the same vendor for 3 years. Dr. Shantharam Shetty said that the most important criteria of online elections is the safety and security feature, the said vendor has won the bid previously and conducted the trial runs with utmost secure features. He also said there has been no issues or concerns with the present vendor. After a lot of deliberations by the members and the President assuring the house to formulate guidelines by the next 2 years, the house passed the matter. Proposed by Dr. Radhakrishna and seconded by Dr. Madan Ballal.
- 8. **OASIS Membership Fee:** OASIS wants to increase the membership fees from the current Rs. 200/- to Rs. 500/-. The President suggested that the matter was discussed in the OASIS AGM, and he had opposed the same and it will be subject to KOA AGM decision. Dr. Shantharam Shetty mentioned that since all the other member states have agreed KOA should accept the same. The matter was deliberated at length. The house decided that the Membership Fee of KOA shall remain the same and an additional Rs. 500/- to be paid for OASIS Membership for Orthopaedic Surgeons applying for KOA Membership plus the GST. It was decided that the Membership Fee of KOA henceforth will be Rs. 3000/- (KOA Membership + OASIS Membership + GST). Proposed by Dr. Shantharam Shetty and seconded by Dr. Nithyanand Rao.
- 9. **Incidental Charges:** To increase the incidental charges in the conference registration fees of KOACON from Rs. 200/- to Rs. 500/-. The members deliberated on the matter. The President proposed that the amount can be increased to Rs. 300/-. The house passed the increase of KOACON Incidental Charges from Rs. 200-to Rs. 300/-. Proposed by Dr. Anil Patil and seconded by Dr. Madan Ballal.
- 10. **KOA Secretariat:** The transfer of KOA Secretariat from Shivamogga to Bengaluru at Sparsh Hospital, Bengaluru as per the KOA AGM 2015 resolution or to have a rented office space at IMA House / private property in Bengaluru. The members deliberated on the same and it was passed. Proposed by Dr. Uday Kumar and seconded by Dr. Nagaraj.

11. Office Secretary: The need for a full time Office Secretary to the KOA Secretariat, with a salary allowance of up to Rs. 25,000/-. The matter was deliberated at length and decided to have a permanent Office Secretary at the Secretariat. The house passed the resolution, proposed by Dr. Abdul Khader and seconded by Harish.

The **Ratification of New Membership applications**. The Secretary General mentioned that a record of 111 new membership applications have been received and presented the list of applicants. The house ratified the applications, proposed by Dr. Gururaj Murgod and seconded by Dr. Avinash Parthasarathy.

Any **Other Matters** with the permission of the Chair. The Secretary General mentioned that three mails have been received by the Secretariat to be included in the AGM from Dr. Sachidananda Rai, Dr. Gururaj Murgod and Dr. V.J. Purushotham. The Secretary General read out all the mails and the matters were summed up as below –

- 1. Zone wise rotation of President and Secretary General.
- 2. Constitution Review and Blue Book preparation.
- 3. Organising Committee of the proposed IOACON 2024.
- 4. Election Vendor for Online Elections.

The President suggested the formation of a committee under the incoming President to look into the legalities of the Zone wise rotation of President and Secretary General. Dr. K.V. Rajendra suggested following IOA Byelaws. Dr. Purushotham said that the KOA Byelaws must be amended to do the same. Dr. Shantharam Shetty said that the matter must be looked into and if need be, amend the Byelaws of the association. The President Elect said that he shall form a committee and look into the legalities of the same and also to amend the byelaws. Dr. Gururaj Murgod said that since the conference is being rotated the Presidency also can be rotated. The house passed the suggestion to form a committee to look into the legalities of Zone wise rotation of President and Secretary General and also for Constitutional Review and Blue Book formation under the Presidentship of Dr. Aswani Kumar Singh. Proposed by Dr. Gururaj Murgod and seconded by Dr. Prabhanjan.

Organising Committee of the proposed IOACON 2024 at Bengaluru and the Election vendor has already been discussed and passed by the house.

Dr. Gururaj Murgod proposed having a Collar with Medallion for the Secretary General. The house unanimously passed the same. Proposed by Dr. Gururaj Murgod and seconded by Dr. Gangadhar Umrani.

Report of the forthcoming KOACON 2022 was presented by the Organising Treasurer Dr. Rajagopal as the Organising Secretary could not attend.

Report of KOACON 2023 was presented by the Organising Secretary Dr. Anil Patil.

Change of Guard - Presidential Handover Ceremony. The President Dr. H.S. Chandrashekar decorated the incoming President Dr. Aswani Kumar Singh J. with the KOA Presidential Medallion.

**Incoming President's Address** and introduction of **Team KOA 2022 - 2023**. The President Dr. Aswani Kumar Singh J. addressed the members and presented his theme "Mobile Life is Healthy Life". The President introduced his team of Executive Committee Members, Zonal Coordinators, Academic and PG Teaching Coordinators. The President also presented his vision and plan for the coming year.

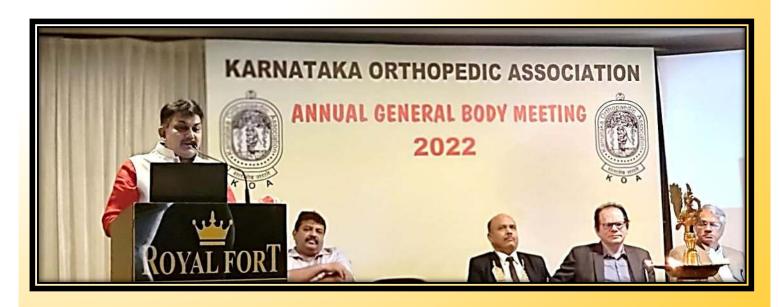
The **Vote of Thanks** was delivered by Joint Secretary Dr. Satish Shervegar.

AGM concluded with singing of the National Anthem.

LONG LIVE KOA.

# **KOA AGM 2022**







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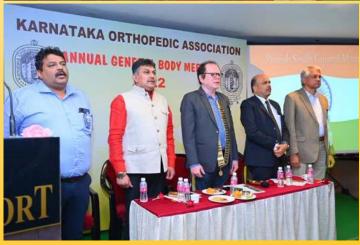














The 46<sup>th</sup> Annual Conference of Karnataka Orthopaedic Association - **KOACON 2022** was conducted from the 6<sup>th</sup> to 8<sup>th</sup> of May, 2022 at St. John's Auditorium Bengaluru.

The President's Theme being "Perfection Through Precision" and the Conference Theme being "Optimizing Clinical Outcomes – Scope for New Breed of Orthopaedic Surgeons".

The total number of registered delegates were 560.

The faculty for the conference were 210.

The abstracts received for Free Paper was 246 and for E-Posters was 160.

A total of six Workshops were conducted -

- 1. Hip Arthroplasty
- 2. Knee Arthroplasty
- 3. Pelvi-Acetabular Trauma
- 4. Paediatric Upper Limb Trauma
- 5. Arthroscopy Live Demonstration of ACL Reconstruction and Shoulder Cuff Repair
- 6. Spine Lateral Mass Fixation

The Pre-Conference CME was on Spine, covering Lumber Intervertebral Disc Prolapse, Lumber Spondylolisthesis and Thoraco-Lumbar Tuberculosis.

The was conference inaugurated by *Dr. M.K. Ramesh*, Vice Chancellor of Rajiv Gandhi University of Health Sciences on 6<sup>th</sup> May 2022.

The *Presidential Address* was delivered by *Dr. H.S. Chandrashekar* on "My Journey in Orthopaedics" on 7<sup>th</sup> May 2022.

The *Prof. Verghese Chacko Oration* was delivered by *Dr. Sharan S. Patil* on "Constructing a Professional Life" on 7<sup>th</sup> May 2022.

The *Prof. Shyamsundar Shetty Oration* was delivered by *Dr. Satish Shervegar* on "A Simple Approach to Ligament Injuries around the Knee" on 8<sup>th</sup> May 2022.

The conference comprised of free paper sessions, guest lectures and master talks covering all specialities, running simultaneously in four halls.











- 6 Senior KOA Members Dr. S.S. Gubbi from Gulbarga, Dr. B.B. Putti from Belagavi, Dr. Rajagopalan from Bengaluru, Dr. I. Suresh from Bengaluru, Dr. Ajith Kumar M. from Mangaluru and Dr. Purshotham Sastry from Mysore were felicitated for lifetime achievement
- Dr. H.D. Ranganath and Dr. Narendra H.S. were felicitated for their achievements in public life.
- The IOA and OASIS Dignitaries were also felicitated.















































# **KOA ICL 2022**

The **14**<sup>th</sup> **KOA ICL 2022** was organised by the Department of Orthopaedics, Navodaya Medical College, Raichur in association with Raichur Orthopaedic Society on 20th & 21st of August 2022.

The KOA ICL was inaugurated by the Chief Guest Shri S.R. Reddy, Honourable Chairman, NET, Dr. Ashwani Kumar Singh J., President, KOA, Dr. Bharat Raju G., Secretary General, KOA and Dr. A.S. Anand, Principal, NMC the Guest of Honour. Dr. Arun K.N., Organizing Chairman KOA-ICL 2022, President, R.O.S. & Prof and HOD of Department of Orthopaedics, NMCHRC, Dr. Kanakachalapathi, R.O.S. Secretary and Dr. V. Sridhar Reddy, were other dignitaries on the dais.

The esteemed senior members of Raichur Orthopaedic Society Dr. R.H. Chavadaki, Dr. Ramachandra K. and Dr. Virupaksha Reddy were felicitated.

The scientific event covered various topics on "Management of Articular Fractures" by distinguished speakers from all parts of Karnataka.

Poster presentation for the post graduates was conducted at Library complex by Dr. Naveen Kumar S. and Dr. Devendrappa.

PG Quiz was conducted by Dr. Anirudh C.K. at Dr. S.R. Hegde Silver Jubilee Auditorium.

On the second day Scientific Programs were continued in the morning session and in the afternoon session **Hands on Workshop on Pelvic Fractures** was conducted by Dr. A.C. Shivraj and Dr. Lokesh at the state of art **Dr. N.K. Bhat Skill Lab, NMCHRC, Raichur.** 

The total number of delegates was 160 including Faculty, Consultants and Postgraduates from all over Karnataka.

KMC Accreditation Committee awarded 3 Credit Hours to all delegates and +1 Credit Hour to faculty members.



# **KOA ICL 2022**













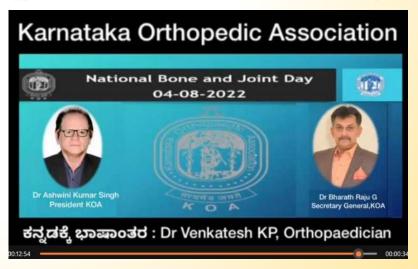


Volume 19: January 2023

The Karnataka Orthopaedic Association celebrated the Bone and Joint Week from 1<sup>st</sup> to 7<sup>th</sup> of August, 2022.

The District Chapters have conducted various theme-based programs throughout the week. All the programs have been covered in print, social and visual media.

The **BLS Training Video** sent by IOA, was dubbed into Kannada by Dr. Venkatesh K.P., from Bengaluru. The video was circulated to all the members who spread it on social media and was well received and appreciated by the members, trainees and general public.



The **Bone and Joint Day** was celebrated by the Karnataka Orthopaedic Association on 4<sup>th</sup> of August 2022 at Belagavi with talks on the IOA Presidential Theme "Success with Surgical and Soft Skills". The President, KOA and Secretary General, KOA attended the event. A press meet was conducted on the same day at Belagavi.







### **Ballari Orthopaedic Society:**

Bone and Joint Day was celebrated at Trauma Care Centre, VIMS, Ballari, Karnataka on 3<sup>rd</sup> August 2022.

Nearly 200 people, Ambulance drivers, traffic police, paramedical staff, attended the program. BLS Training was given along with Video demonstration.





### **Bangalore Orthopaedic Society:**

A one-day program on "First Aid to Accident Victims and CPR (Cardio Pulmonary Resuscitation)" was conducted for Traffic Police

Personnel, Paramedical Personnel and Ambulance Drivers on 04<sup>th</sup> August 2022 at **BGS Global Institute of Medical Sciences, Bengaluru**. Nearly 250 persons underwent training.





Bone and Joint Day was celebrated on 4<sup>th</sup> August, 2022 at **ESI Hospital, Indiranagar, Bengaluru**. BMD Camp and Osteoporosis Awareness Program was conducted, around 150 people benefited from the camp.





The Bone and Joint Day was celebrated on 4<sup>th</sup> August 2022 at Vidyasanskar Institute of Arts Science and Commerce, Magadi Road, Bengaluru. It was organised by **Trauma and Emergency Care Centre, Victoria Hospital** under Aegis of IOA, KOA and BOS, presided by Dr. Deepak Shivanna, Special officer TECC.

A talk on Good Samaritan Law, Awareness and Early CPR training was given by physical demonstration using mannequin by KOA EC Member Dr. Gaurav, BOS Treasurer Dr. Narasimha Murthy and Intensivist Dr. Narasimha Gnani.

A total of 503 students, around 60 school bus drivers, around 50 teachers, 30 security personnel attend the mammoth awareness program.





The Bone and Joint Day was celebrated on 4<sup>th</sup> August 2022 by organising a Symposium at Chandrama Dayanand Sagar Institute of Medical Education and Research, Bengaluru.



The Bone and Joint Day was celebrated on 4<sup>th</sup> August 2022 by organising a BMD Camp for Osteoporosis Screening at **Raja Rajeshwari Medical College, Bengaluru.** 



### **Belagum Orthopaedic Surgeons Society:**

The Bone and Joint Week was celebrated by training 600 Police personnel at Karnataka State Reserve Police, Macche, Belagavi and around 100 paramedical personnel at Kasbekar Metgud Hospital through the week.





### **Canara Orthopaedic Society:**

On the occasion of Bone and Joint Day on 4<sup>th</sup> August 2022 COS in association with Father Muller Advanced Skills Lab and Training Centre organised a BLS training for the first batch of 100 Nurses, paramedical staffs and social workers at Unity hospital. A second batch of 100 Traffic Control Officers and Taxi drivers were trained on 7<sup>th</sup> August 2022. Around 200 paramedical personnel were trained in different institutes through the week.







### **Hubli Dharwad Orthopaedic Association:**

Bone & Joint Week started on 1<sup>st</sup> August 2022 with a talk by Dr. Suresh Korlhalli, Past KOA President, on Basic Life Support for 50 paramedical staff at KLE Suchirayu Hospital, Hubli.





On 2<sup>nd</sup> August 2022 around 200 Police personnel were trained in BLS at 10th Battalion Karnataka Reserve Police Shiggavi by Dr. Vivek S Patil.

Through the week around 200 students were trained in First Aid and Traffic awareness at Hanchinmani Collge, Dharwad by Dr. Satish Irkal.





Around 150 Para Medical students of Shreeya College, Dharwad were trained in BLS and First Aid by Dr. Santosh J & Dr. Vani.

Dr. Naveen Mankarni trained around 200 Nursing students at German Hospital, Our Lady of Lourdes School of Nursing, regarding the road safety measures and the orthopaedic emergencies.





General Public Awareness - 300 people were thought on Basic life Support and Orthopaedic care along with BMD camp by Dr. Vishwanath Hulsogi.

A talk on Basic life support and CPR Training was conducted at Oxford BBA BCA College by Dr. Vivek S. Patil, attended by 100 students.





Dr. Santosh Jeevanavar and Dr. Satish Irkal arranged the program at JSS college in association with JSS, Traffic Police Association, Rotary Club & HDOA with more than 1200 students. Dr Veena Irkal demonstrated CPR.





Dr. Virendra Bhasme and Dr. Vivek Patil trained KLE BVB Engineering Students in association with Civil Engineer's Association, Rotary mid-town and HDOA.

Dr. Virendra Bhasme and Dr. Vivek Patil trained 120 students with staff at Base PU college Hubli.





BLS training done by Dr. Virendra Bhasme and Dr. Vivek Patil at Chinmaya Vidyalaya School for 150 10th standard students.

### **Mysore Orthopaedic Association:**

Bone and Joint Day was celebrated on 4<sup>th</sup> of August 2022 with theme of 'Each one Save one'. Around 100 people participated in street play and 340 people participated in BLS workshop which included Public, Traffic police, Ambulance drivers, Auto drivers, Paramedics and Students. This awareness program was able to reach large numbers and got very good feedback.







# ಅಪಘಾತದ ವೇಳೆ ಜೀವ ಉಳಿಸಲು ನೆರವಾಗಿ

ಡಿಸಿಪಿ ಪ್ರದೀಪ್ ಗುಂಟೆ ಮನವಿ । ನಗರದಲ್ಲಿ ವಿಶ್ವಕೀಲು ಮತ್ತು ಮೂಳೆ ದಿನಾಚರಣೆ

. ಎಕ ಸುಡ್ಡಿಲೋಕ ಮೃಸೂರು

ಅಪಘಾತರ ವೇಳೆ ಮನುಷ್ಪನಿಗೆ ಕೊಡುವೆಕ್ಟ್ ವಲೆಯನ್ನು ಪ್ರಾನಗಳಗೂ ಕೊಡಬೇಕು. ಪತಿಯೊಂದು ಜೀವಕ್ಕೂ ಅದರದ್ದೇ ವೆಲೆ ಇದೆ ಎಂದು ಡಿಸಿಪಿ ಪ್ರದೀಪ್ ಗುಂಟಿ ಹೇಳಿದರು.

ನಗರದ ಜೆ.ಕೆ.ಮೈದಾನದಲ್ಲಿರುವ ಮೈಸೂರು ಮೆಡಿಕಲ್ ಕಾಲೇಜಿನ ಅಮೃತ ಮಹೋತ್ಸವನ ಸಭಾಂಗಗದಲ್ಲಿ ಮೈಸೂರು ನಗರದ ಕೀಲು ಮತ್ತು ಮೂಳ ವೈದ್ಯರ ಸಂಘದಿಂದ ವರ್ಷದಿದ್ದ ವಿಶ್ವ ಕೀಲು ಮತ್ತು ಮೂಳೆ ದಿನಾಚರಣೆ ಕಾರ್ಯಕ್ರಮವನ್ನು ಉದ್ಘಾಟ. ಆವರು ಮಾತನಾಡಿದರು.

ಅವಧಾತ ಸಂಭವೀಪ ವೇಶ ಭರ್ಮ ತಾಗೂ ಗಾಬರಿಗೆ ಒಳಗಾಗಬಾರದು. ನಮ್ಮ ಯನ್ನು ಬಗಹರು, ವ್ಯಕ್ತಿಗಳ ಜೀವ ಉಳಿಸಕರು ಪ್ರಗೊಳ್ಳುವ ಕಮಕ್ಕೆ ಮುಂದಾಗಬೇತು. ಆಪಧಾತದಿಂದ ಮನುವೃತಾಗಲಿ, ವ್ಯಾಗಯಾಗರಿ ಮೃತಪಟ್ಟಾಗ ನಾವು ಜನಾಮ್ಯಾರಿಯುತವಾಗಿ ನಡೆದುಕೊಳ್ಳಬೇಕು. ಜೀವ ಮುಖ್ಯವಾಗಿರುವುದರಿಂದ ಅದನ್ನು ಉಳಿಸಲು ಮುಂದಾಗಬೇಕು. ಹಾಹನ ಸಾಲಕೆ ವೇಶ ಪ್ರತಿಯೊಬ್ಬರ ಜೀವ ಹಾಗೂ ಜೀವನ ಮುಖ್ಯ ಎಂದು ಅರೋಪಿಸಿ ಸಂಚರಿಸದೇಕು. ಎಂದು ಅರೋಪಿಸಿ ಸಂಚರಿಸದೇಕು.

ಅವಭಾತದ ವೇಳೆ ಹೆದರಿ ಕುಳಕರೆ ಪ್ರಾಣ ಹಾನಿ ಆಗಬಹುದು. ಹೀಗಾಗಿ ಆ ಸಮಯಕ್ಕೆ ತುರ್ತಾಗಿ ಸ್ಥಂದಿಸುವ ಮನೋಭಾವ ಬೆಳೆಸಿ ಕೊಳ್ಳಬೇಕು. ದೈರ್ಯದಿಂದ ಪ್ರಾಣ ಉಳಿಸಿ ಕೊಳ್ಳ



ನಗರದ ಜೆ.ಕೆ.ಗ್ರೊಂಡ್ಸ್ ಅಮೃತ ಮಹೋತ್ತದ ಸಭಾಂಗಣದಲ್ಲಿ ನಡೆದ ಎಶ್ವ ಕೀಲು ಮತ್ತು ಮೂಳೆ ವಿನಾಚರಣೆ ಕಾರ್ಯಕ್ರಮವನ್ನು ಡಿಸ್ಕಿಸಿ ಪಾ.ಪ್ರವೀಪ್ ಗುಂಟಿ ಉಪ್ಪಾಟಿಸಿದರು.

ಕಳೆದ ವರ್ಷದ ವೇಶದಲ್ಲಿ 4.50 ರಕ್ಷ ಕುಪ್ರಾಣತಗಳು ಸಂಭವಿಸಿವೆ. ಆದರಲ್ಲಿ ಕುರ್ತಾಗಿ ಪ್ರಥಮ ಚಿತಿತ್ತೆ ಸಿಗವೇ 1.50 ರಕ್ಷ ಮಂದಿ ಬೇವೆ ಕಳೆಯಕೊಂಡಿ ದ್ವಾನೆ. ಅಪಘಾತವಾದಾಗ ಗಾಯಾಳುಗಳಿಗೆ ಸರಿಯಾಗಿ ಪ್ರಥಮ ಚಿತಿತ್ತೆ ಕೊಡಿಸಲು - ಡಾ.ನೀಲುಕೆಗಳಿದೆ ಪಾಟೀಲ್ - ಡಾ.ನೀಲುಕೆಗಳಿದೆ ಪಾಟೀಲ್

ಅಧ್ಯಕ್ಷ ಎಂಒಎ ಬಹುದು. ಮತ್ತೊಬ್ಬರ ಜೀವವನ್ನು ಕಾಪಾಡ ಬಹುದು ಎಂದು ಕಿನಿಮಾತು ಹೇಳಿದರು.

ಮ್ಯಸೂರು ವೈದ್ಯಕೀಯ ಕಾಲೇಜು ಹಾಗೂ ಸಂಶೋಧನೆ ಕೇಂದ್ರದ ಡೀನ್ ಎಚ್.ಎನ್. ಡಾ.ದಿನೇಶ್, ಎಂಎಂಸಿಆರ್ ಐನ ಪ್ರಾಂಶುಪಾಲೆ

ಕೆ.ಆರ್.ದಾಶ್ವಯಣೆ, ಮೇಜರ್ ಡಾ. ಆಭರ್ಜಿ, ವೈಸೂರು ಅರ್ಥ್ಯಾಪಡಿಕ ಅನ್ನೋಹಿರುಕಪ್ ಅಧ್ಯಕ್ಷ ಡಾ.ಕಾಶನೌಡ ವಿ.ವಾರ್ಟಿಲ್, ಉಪಾಧ್ಯಕ್ಷ ಡಾ. ರವೀಂದ್ರನಾಥ್, ಕಾರ್ಯಾರ್ಡಿಕ ಡಾ.ಜಿ.ಆರ್. ಆರುಣ್, ಮುಳ್ಳೂರು ನಂಜುಂಡನ್ನಾರು ಇತರರು ಹಾಜರಿದ್ದರು.

ವೇದಿಕೆ ಕಾರ್ಯಕ್ರಮಕ್ಕೂ ಮುನ್ನ ಕೋಟೆ ಆಂಪರ್ನೆಯ ಸ್ವಾಬ ದೇವೆಚ್ಚಾನದ ಮುಂಭಾಗ ದೀದಿ ನಾಟಕ ವೈದರ್ಧಿಸಲಾಯತು ದಕ್ಷೆಯಲ್ಲಿ ಅಪಘಾತ ಸಂಭವಿಸಿದೆ ವೇಳೆ ರಾಜದ ರೀತಿ ರಕ್ಷಣೆ ಮಾಡಲು ಮುಂಡಾಗಾಬೇಕು. ಮಾಹಿತಿ ಕೊಡೆಯಾದ ಉಂತಾಗುವ ಅವಘಾಗಗಳ ಬಗ್ಗೆ ಜಗ್ಗತಿ ಪಡಿಸಿ ಜೀವ ಉಳಿಸಬೇಕೆಂದು ಅರಿವು ಮಾಡುಕಲಾಯತು.

### **Raichur Orthopaedic Society:**

**BONE & JOINT DAY**\* was observed on 4<sup>th</sup> August 2022. Dr. Anirudh C. Kulkarni delivered a lecture on Basic Life Support and BLS Training was conducted by Skill Lab Director Dr. Ramesh, Dr. Mohan and team at Navodaya Medical College for 121 paramedics.





### Shimoga Orthopaedic Society:

The **Bone and Joint Week** was celebrated through the week by conducting BLS training by SOS President Dr. Shivayogi and SOS Secretary Dr. Suresh B. at Government High School Hosanagar, Rotary North Branch Shivamogga, VISL Hospital Campus, Veterinary College Shivamogga, Taluk Hospital Soraba, Rotary Midtown Shivamogga and Sahyadri Arts College Shivamogga.

A total of 110 students, 32 cab drivers, 10 teachers, 15 Rotary Club Members, 100 NSS volunteers, 30 paramedical staff and 10 Doctors attended and trained in the program.





# ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ರಸ್ತೆಸುರಕ್ಷತೆ ಬಗ್ಗೆ ಅರಿವು ಮುಖ್ಯ: ಡಾ. ಬಿ.ಸುರೇಶ್

ತಾರವಾಗ್ಯ ಬರ್ವಾರ್ಯಗಳು ಕ್ರಾಮ ಮರಕ್ಷತಾ ನಿಯಾಗಳನ್ನು ಕಷ್ಟಾಯ ವಾಗಿ ಜಾಲಿಸಬೇಕು. ರಕ್ಷೆ ಸುರಕ್ಷತೆ ಬಗ್ಗೆ ಅನಿವು ಹೋದುವುದುಂದ ರಕ್ತೆ ಅಪಘಾತಗಳನ್ನು ತಪ್ಪಿಸಬಹುದು. ವಿದ್ಯಾರ್ಥಿಗಳು ತಮ್ಮ ಪಾಲಕವಿಗೆ ನಿಯಾದಿಸಬೇಕು ಎಂದು ಸೆಕ್ಕೂರ್ ಆಸ್ಪತ್ರೆಯ ಸಹ ಪ್ರಾಧ್ಯಾಪಕ ಡಾ. ಬ ಸುರೇಶ್ ಹೇಳಿದರು.

ನಗರು ಮಣ್ಣದ್ದ ಅಭಿವ ನೀರಕ್ಕೆ ಹ ಹೌಕ್ಕೆ ಹಾಲೆಯಲ್ಲಿ ಅಭಿವ ನೀರಕ್ಕೆ ಹ ಮಹಿರುವ ಹೈಕ್ಕೊಲ್ ವಿದ್ಯಾರ್ಥಿ ಗಳಗೆ ಆಯೋಜಿಟ್ನ ಭಕ್ತೆ ಸುರಕ್ಷಿತಿ ರಕ್ಷೆ ನಿಯಮಗಳು ಹಾಗೂ ಜೀವನ ಕೌಕ್ಕಲ್ನ ಅಹಾರ ಹದ್ದತಿ ಬಗ್ಗೆ ಹಮ್ಮ ಕೊಳ್ಳಲಾದ ಬಾಗ್ನತಿ ಕಾರ್ಯ ಕ್ರಮದಲ್ಲಿ ಮಾಹಗಾಡಿದರು. ವಿದ್ಯಾರ್ಥಿಗಳು ಶಾಲಾ ಕಾರೇ ಬೆದ ಹಂತಹಲ್ಲಿಯೇ ದಕ್ಷ ಸುರಕ್ಷಕೆಗಳು

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ಕಾನೂನಿನ ನಿಯದುವಂತೆ ವಾಹ ಚಲಾವಣೆ ಅರ್ಹತೆ ನಂತರ ಪಾಹ ಗಳ ಚಲಾಯಿಸಬೇಕು ಎಂದ ತಿಳಿಸಿದರು. ಬಾಲ್ಕದಿಂದ ಉತ್ತಮ ಆಹಾ

ಬಾಲ್ಕದಿಂದ ಉತ್ತಮ ಅಹಾರ ವ್ಯಕ್ತಿರೂಧಿಚೋಲ್ಲಬೇಕು ಚೀವನ ಇಲ್ಲ ಹಾಗೂ ನಿಯದಿಸುವುದಾದು. ಗಿಷ್ಠಿಕಾಂಶ ಅಹಾರ ಸೇವನೆ ಭ್ಯಾಸ ಮಾಡಬೇಕು. ಯಾವುವೇ ಎಯಲೆ ಬರವಂತೆ ಆರೋಗ್ಯದ ಬಗ್ಗೆ ಮೂರುಕು ಎಂದರು. ಅಖಿಲ ಭಾರತ ನೀರತೆ ನಿರ್ಣಕ್ಷ ನಿರ್ಣಕ್ಷ ನಿರ್ಣಕ್ಷ ಮಹಾಸಭಾ ತಾಲ್ಲೂಕಿನ ಘಟ ಅಧ್ಯಕ್ಷ ಮೊದ್ದ ನೀರು ಪ್ರಾತ್ತ ಮಹಾಸಭಾ ತಾಲ್ಲೂಕಿನ ಭಾರತ್ವ ಮಹಾಸಭಾ ಕಾರ್ಯಕ್ಷ ಮಹಾಸ್ಥತ್ವ ಮಹಾಸ್ಥತ್ವ ಮಹಾಸ್ಥತ್ವ ಮಹಾಸ್ಥತ್ವವಾಗಿ ಸರ್ಕರ್ಯವಾರನ ಮಹಾಸ್ಥತ್ವ ಮಹಾಸ್ಥತ್ವವಾಗಿ ನೀರು ಮಹಾಸ್ಥನಾಗಿ ಸರ್ಕರ್ಯವಾಗಿ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಯವಾಗಿ ಸರ್ಕರ್ಯವಾಗಿ ಸರ್ಕರ್ಯವಾಗಿ ಸರಕ್ಕರ್ಯವಾಗಿ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಯವಾಗಿ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಯವಾಗಿ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರರ್ಣ ಸರಕ್ಕರರ ಸರಕ್ಕರ್ಣ

# DISTRICT CHAPTER ACTIVITIES BALLARI ORTHOPAEDIC SOCIETY

The Ballari Orthopaedic Society hosted a CME on Acetabular and Knee Injuries on 5<sup>th</sup> March 2023.



A 5K-Marathon was organised on 1st May 2023.



A CME and Live Workshop on Illizarov Technique was organised on 19th November 2022.





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# BANGALORE ORTHOPAEDIC SOCIETY

B.O.S (2022-23) – Takeover of Office bearers done at 2022 BOSCON Annual Conference (09/04/2022).

Under the Aegis of Bangalore Orthopaedic Society, CME programme on "MIS techniques of Thoracic & Lumbar Spine" was conducted on 23/04/2022, at Vims & RC Hospital, Bangalore. The programme included Lectures on spine surgical techniques, Live surgical demonstration, Cadaveric workshop and Saw bone workshop.

Under the Aegis of Bangalore Orthopaedic Society, KOACON – 2022, "Arthroscopy live demo – Knee ACL reconstruction & shoulder cuff repair workshop" was conducted on 06/05/2022 – 08/05/2022. The 3-day programme had two Credit points allotted. The Highlights included Live surgical demo, Lectures on knee and shoulder arthroscopy.

Under the aegis of Bangalore Orthopaedic Society, Manipal whitefield international shoulder conference was held on 04/06/2022 - 05/06/2022, at Whitefield Bangalore. The programme included cadaveric workshop on Rotator cuff and shoulder instability surgeries, Physiotherapy workshop and Free paper presentation session.

Under the Aegis of Bangalore Orthopaedic Society, one day programme on "Current Concepts in Foot & Ankle Trauma & Orthopaedics", was held on 05/06/2022. The workshop was held across five zones of IOA. The Bangalore event was held at KIMS hospital.

June Monthly meet held at BMCRI Alumni Auditorium (26/06/2022). Free paper presentations were done by KIMS & BMCRI. Master talk on "Fitness in Orthopaedics" was delivered. Presidential Theme (Learn-Unlearn-Relearn) discussion was held on "Trochanteric Fractures".

July Monthly meet held at BMCRI Alumni Auditorium (24/07/2022) Free paper presentations were done by Manipal Hospital & Sanjay Gandhi Hospital. Master talk on "Proton beam therapy and its application in Orthopaedic oncology" was delivered. Presidential Theme (Learn-Unlearn-Relearn) discussion was held on "Sarcoma Awareness".

Under the Aegis of Bangalore Orthopaedic Society, IOA PG teaching & St. John's Ortho CME course conducted on 26/08/2022 – 27/08/2022, At St. John's Medical College Hospital, Bangalore. The two-day programme included Short and Long Clinical case discussions for postgraduates and Training sessions on X-rays, ward rounds, Orthotics & prosthetics And Implants.

Under the Aegis of Bangalore Orthopaedic society, Elbow cadaveric workshop was conducted on 22/08/2022, at Ramaiah ALC, Bangalore. The one-day programme included Live and recorded surgical demonstration, cadaveric workshop, Lectures on various fractures around the elbow and Group discussion session.

August Monthly meet held at BMCRI Alumni Auditorium (28/08/2022). Free paper presentations were done by M.S. Ramaiah medical college & Raja Rajeshwari medical college. Master talk on "Charcot's foot reconstruction" was delivered. Presidential Theme (Learn-Unlearn-Relearn) discussion was held on "Thoracolumbar Pedicle screws".

Free BMD (Bone mineral density) Health camp conducted at Dr. M.S.G.M Hospital Mulbagal on 07/09/2022. Free Bone mineral density measurement was provided to all patients presenting at the health camp.

Under the Aegis of Bangalore Orthopaedic Society, KOA-BOS "International meet Almaty (Kazakhstan)" was conducted from 17/09/2022 to 22/09/2022.

Under the Aegis of Bangalore Orthopaedic Society, IOA Spine surgical skills workshop 2022, was conducted on 18/09/2022 at Manipal hospital, Bangalore. The programme included Teaching sessions at 5 different Skill stations – Laminectomy/ Laminotomy, Pedicle screw insertion, Using Midas drill, Suturing under microscope and Neuromonitoring in Spine surgery.

September Monthly meet held at BMCRI Alumni Auditorium (25/09/2022). Free paper presentations were done by BGS Hospital, Fortis Hospital & Indira Gandhi institute of Child health. Master talk on "Peri-operative use of DMARDS – Current trends" was delivered. Presidential Theme (Learn-Unlearn-Relearn) discussion was held on "Foot and ankle surgery".

Under the Aegis of Bangalore Orthopaedic Society, 3-day programme on "Breaking the Glass Ceiling with a Scalpel" A WOICE initiative, was conducted at Three hospitals. The programme was an Initiative by Women Orthopaedic Surgeons of India Collective Empowerment. The venues were KIMS, MVJMC & RH and RRMCH.

October Monthly meet held at BMCRI Alumni Auditorium (16/10/2022). Free paper presentations were done by St. John's Hospital, Sparsh Hospital & ASTER Hospital. Master talk on "Violation of AO Principles" was delivered. Presidential Theme (Learn-Unlearn-Relearn) discussion was held on "Distal radius fractures".

December Monthly meet had a Master talk by Dr. Srikanth Chinchalkar. The success of the IOACON 2024 Bengaluru campaign was celebrated by cutting a cake.

























# BELGAUM ORTHOPAEDIC SURGEONS SOCIETY

Belgaum Orthopaedic Association 2022-23 was taken over by Dr. Hemanth Koujalagi as President, Dr. Puneet Chamakeri, as Secretary and Dr. Utkarsh Burli as Treasurer in the month of April 2022.

1<sup>st</sup> Clinical meeting was conducted in the 1<sup>st</sup> week of May 2022. Guest speaker Dr. Vikrant Ghatnatti, Endocrinologist, Topic was Metabolic Bone Disorders. Dr. Vikrant covered on Osteoporosis / Rickets and other disorders. He spoke about the basics and clinical manifestation / Diagnosis and management. It was attended by more than 60 Orthopaedic Surgeons.

2<sup>nd</sup> Clinical meeting was conducted in the 1<sup>st</sup> week of June 2022. Topic was Recent Advances in Radiodiagnosis of Orthopaedics as Basic Management of Head Injuries. Guest speaker were Dr. Hitalmani, Radiologist spoke about MRI in Knee and Shoulder. Role of Interventional Radiology. Guest Speaker Dr. Mahantashetty, spoke about Primary management of Heart Injuries. Session was attended by more than 90 members including Orthopaedics Surgeons and Radiologist.

3<sup>rd</sup> Clinical meeting was hosted in 1<sup>st</sup> week of July Dr. Archana Uppin, was invited as Guest Speaker. She spoke on the Approaches in Polyarthritis and Management meeting was attended by more than 70 members.

4<sup>th</sup> Clinical meeting was hosted in 1<sup>st</sup> week was hosted in 1<sup>st</sup> week of August 2022. It was conducted as Bone and Joint week. Clinical meeting was attended by more than 100 members Topic was Missing K wire and Management of Intertrochanteric fractures by Dr. Jignesh Pandya. 2<sup>nd</sup> Topic was spoken by Dr. Basavaraj Vastrad.

The 21st PGITC was conducted at JNMC Belgaum on the 5th & 6th of August 2022.

World Arthritis Day was celebrated on 4<sup>th</sup> of October 2022.

Public awareness programmes in association with All About Belgaum was arranged. Live Session was given by Dr. Hemanth Koujalagi, Orthopaedic Surgeon and Dr. Archana Uppin Rheumatologist, Chair was moderated by Dr. Sumit.

World Osteoporosis Day was celebrated on 20<sup>th</sup> October 2022 by Free BMD Camp along with public awareness speakers by Dr. Hemanth Koujalagi, event was organized by at Kasbekar Metgud Clinic.

5<sup>th</sup> Clinical meeting was conducted October at Hotel Oyeshava Multiple Case Discussion with KOA Conference meeting was held.









# DISTRICT CHAPTER ACTIVITIES CANARA ORTHOPAEDIC SOCIETY

Shoulder Conclave 2022 was conducted at Kanachur Institute of Medical Sciences on the 22<sup>nd</sup> January 2022.

The 11<sup>th</sup> Dr. Sudhakar Shetty Memorial 39<sup>th</sup> Mangalore Orthopaedic Course was conducted from 18<sup>th</sup> to 20<sup>th</sup> of February 2022.

The Tejasvini Orthopaedic Symposium was conducted from the 15<sup>th</sup> to 17<sup>th</sup> of April 2022.

Prof. M. Sudhakar Shetty Oration was delivered on 12<sup>th</sup> November 2022 by Dr. Naresh Shetty.













#### DAVANAGERE ORTHOPAEDIC SOCIETY

1. Guest lecture was delivered by *Dr. Prathik R.*, Consultant Orthopaedic Surgeon on "The role of Vitamin D in Routine Orthopaedic Clinical Practice". It was attended by about 40 Orthopaedic Consultants and 30 Post Graduates on 18-06-2022.







2. A Guest lecture on "ACL Reconstruction using peroneus longus graft: experience of 50 cases" was delivered by *Dr. Powdhan*, Consultant Orthopaedic and Arthroscopic Surgeon, on 18-08-2022. Interesting case discussions were also held during the meeting.







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### **GULBARGA ORTHOPAEDIC ASSOCIATION**

The Gulbarga Orthopaedic Association conducted a 3-day Arthroplasty conference KARTHROCON 2022 from the 11<sup>th</sup> to 13<sup>th</sup> of November 2022 at Kalaburgi. The conference was inaugurated by KOA President Dr. Aswani Kumar Singh J.













#### The Goals of the HDOA?

The Hubli Dharwad Orthopaedics Association (HDOA) is a group of passionate orthopaedicians. Their goal is to provide the best possible care for their patients, and to do this, they are always looking for ways to keep up with the latest technology and trends. They also work hard to educate the community about orthopaedics and the importance of early diagnosis and treatment. By doing this, they hope to make a difference in the lives of as many people as possible.

#### Continued medical education the HDOA?

One of the ways they accomplish this is by offering continuing medical education to their members. This means that the doctors are always up-to-date on the latest treatments and technologies. And they're not just learning from locals, either. The HDOA has some of the best subspecialists in the country speaking at their meetings. This is a great opportunity for the doctors in attendance to learn from the best and bring that knowledge back to their own patients. The Hubli Dharwad Orthopaedic Association is making a difference in the lives of people in this region.

- 14<sup>th</sup> May 2022 Installation at Hotel Ocean Pearl, Spine Vishwanath Patil, Dr. Vivek Patil Hylaxo. 5. Nex Gen.
- 24th May 2022 Dr. Sunil Jituri Current Concept of Osteoporosis.
- 10<sup>th</sup> June 2022 CME Club Foot at KIMS.
- 11<sup>th</sup> June 2022 1. PG Teaching at KIMS on Hand Examination.
  - 2. Dr Darshan Jain CME on Hand Surgery at President Hotel.
- 15<sup>th</sup> June 2022 to 21<sup>st</sup> June 2022 International YOGA Day Celebration with IMA Hubli, Dr. Vivek on FM.
- 13th Aug 2022 Work Life Balance at Hotel Naveen.
- 27th Aug 2022 Ostophone Spine.
- 3<sup>rd</sup> Sep 2022 CME on Trauma Management (Uma Surgical).
- 3<sup>rd</sup> Sep 2022 SDM College: Management of Bone Tumors (Dr Vishal Kulkarni, Medical Oncologist & Dr. Chikkareddy. Onco Surgeon).
- 5<sup>th</sup> Sep 2022 Teachers Day Felicitation of senior Orthopaedic Doctors.
- 8<sup>th</sup> Sep 2022 World Physiotherapy Day at KIMS Hubli more than 200 students in the rally.
- 1<sup>st</sup> Oct 2022 Dr. Rashmi Angadi, Fortune Hotel (Nuclear Medicine in Orthopaedics).
- 16<sup>th</sup> Oct 2022 KRACON -22 at Denniesson Hotel (Rheumatology).
- 18<sup>th</sup> Oct 2022 National Cerebral Palsy at KIMS, Golden Jubilee Day.



Dr VirendraK Bhasme President HDOA



Dr VIVEK S PATIL Secretary HDOA















## MYSORE ORTHOPAEDIC ASSOCIATION

1. January 2022, Topic - Management of patients with Sarcoma and 3D printing in Orthopaedic Oncology.





2. February, Topic- Management of Musculoskeletal Tumours
Speakers – Dr. Suman Byregowda





3. March, Topic - Minimal Invasive Spine Surgeries and Cadaveric Workshop Speakers -Dr. Ayush Sharma, Dr. Mohan Kumar, Dr. Ravindranath.







4. April 23, Theme: Arthroplasty

Speakers - Dr. Chandrashekar, Dr. J.V. Srinivas, Dr. Balakrishnegowda









5. May 21, Theme: Shoulder Arthroscopy

Speakers - Dr. Chethan Nagraj, Dr. Aiyappan Nair, Dr. Sindhu B.







6. June 25, Theme: Paediatric Orthopedics Speakers - Dr. Arul Daniel, Dr. Rudraprasad, Dr. Shreyas Alwa







7. July 23, Theme: Knee Preservation Surgeries Speakers - Dr. Vinay Kumaraswamy, Dr. Santosh Sahanand



5. August 21, Topic-IOA Pelvis-Acetabulum Skill Workshop Speakers - Dr. Ramesh Sen, Dr. Ram Chaddha, Dr. Vivek Trikha, Dr.C.J. Thakkar







6. August 27 & 28, Mysore Arthroscopy Annual Meet



7. September 24, Theme: Health Wealth and Happiness







#### 8. October 15 & 16, MOA Winter Meet at Coorg.





The Chamarajanagara Institute of Medical Sciences conducted a CME and Live Demonstration of TOTAL KNEE ARTHROPLASTY on Saturday, 17th December 2022. This is the first time in the Karnataka that 5 Live TKR surgeries were conducted simultaneously in 5 modular operation theatres by 5 Expert & Experienced teams of Joint Replacement surgeons in a Government Medical college.





## DISTRICT CHAPTER ACTIVITIES SHIVAMOGGA ORTHOPAEDIC SOCIETY

- 1. First change of guard taken on 30.03.2022 with CME on Medial Legal Aspect of Wounds and Wound certificate. Speaker: **Dr. Ramachandra. H. M**
- 2. 18.05.2022 CME was conducted on Assessment of Knee Injury: An Arthroscopic Surgeon 's Perspective Speaker: Dr. Shishir S.M.





3. Primary Hip and Knee Arthroplasty course on 11<sup>th</sup> & 12<sup>th</sup> June.

Speakers- Dr. Rajkumar Natesan, Dr. Ravikumar, Dr. Lingaraj

It was inaugurated by KOA President Dr. Ashwin Kumar Singh. It was huge success with Live surgery and saw bone demo, done first time in Shivamogga.





4. 01.08.2022 CME was conducted in Association with IMA Shimoga on Robotic Assisted Knee Replacement Speaker: **Dr. Jagadeesh P.C.** Aasra Hospital Bangaluru.



5. 21.09.2022 CME was conducted - MLC: Is It Burden to Orthopaedic Surgeon Perspective Speaker: **Dr. Ramachandra. H. M** 



6. 30.10.2022 CME was conducted – Advances on HIP and Shoulder Fractures Speaker: **DR Shailesh Pai** and **Dr. Mohd. Faheem** 





#### TUMKUR ORTHOPAEDIC SOCIETY

The Tumkur Orthopaedic Society conducted a Total Knee Arthroplasty CME on 7<sup>th</sup> January 2023 at Sridevi Institute of Medical Sciences, Tumakuru. The CME was inaugurated by Dr. Aswani Kumar Singh, President KOA.









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## UTTARA KANNADA ORTHOPAEDIC ASSOCIATION

The UKOA conducted a Hand and Spine CME on 8<sup>th</sup> January 2023 at Karwar Institute of Medical Sciences. The CME was inaugurated by Dr. Aswani Kumar Singh, President KOA.











## **IOA Foot & Ankle CME**

The Karnataka Orthopaedic Association conducted a CME and Workshop on "Current Concepts in Foot & Ankle Trauma & Orthopaedics" on 5<sup>th</sup> of June 2022.

This was the initiative of the IOA Foot and Ankle Committee in association with Indian Foot and Ankle Society. The CME and Workshop was conducted in all five zones of IOA on the same day with the same course content.

The South Zone CME was conducted by KOA at Kempe Gowda Institute of Medical Sciences, Bengaluru.













#### **KOA Webinar**

The Karnataka Orthopaedic Association conducted a Webinar on "Investment Planning for Orthopaedicians" in association with NiveshMitr on Thursday the 15<sup>th</sup> of September 2022. The webinar was interactive with around 100 members participating.



## **KOA - BOS INTERNATIONAL MEET**

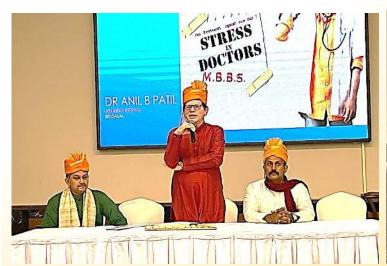
The Karnataka Orthopaedic Association in association with Bangalore Orthopaedic Society conducted an International Meet at Almaty, Kazakhstan from the 17<sup>th</sup> to 22<sup>nd</sup> September 2022.

The meet was attended by 60 delegates from Karnataka.















## **KOA – BOS INTERNATIONAL MEET**











## **KOA – BOS INTERNATIONAL MEET**

















### **OASIS**

Karnataka Orthopaedic Association conducted two OASIS Instructional Course Lectures.





## **OASISCON 2022**

The 21<sup>st</sup> Annual Conference of OASIS - OASISCON 2022 was held at Kurnool, AP. The KOA was awarded the "OASIS Best State Chapter Award" for the year 2022.





*Prof. J.N. SridharaMurthy* was felicitated for his contribution to Orthopaedics Teaching.



### **IOACON 2024 CAMPAIGN**

The campaign of the Karnataka Orthopaedic Association bid to conduct IOACON 2024 at Bengaluru was kick started by the KOA President Dr. Aswani Kumar Singh J. at IOA House, New Delhi.

The KOA Office Bearers, proposed organising committee members and KOA members aggressively campaigned for IOACON 2024 - Bengaluru.













## **IOACON 2024 CAMPAIGN**









The campaign of Team KOA was successful and KOA won the bid to host IOACON 2024 at Bengaluru by a margin of 720 votes.







## Karnataka Orthopaedic Association



In association with
BRITISH INDIAN ORTHOPAEDIC SOCIETY (UK)

Partially Supported by
P.M. Santosha Charitable Trust
(Bangalore)

Canara Orthopaedic Surgeons' Trust (Mangalore)

# Information pack

Please Note -

The Number of Fellowships has been increased from TWO to SIX

This will be piloted and if successful it may continue in future.

MEMBERS ARE ENCOURAGED TO APPLY

#### Chief Patron

Mr. Bisal Muddu Consultant Orthopaedic Surgeon Founder President – IOS (UK) United Kingdom

## Karnataka Orthopaedic Association 14<sup>th</sup> Bisal Muddu International Travel Fellowship- 2023

#### Introduction

Karnataka Orthopaedic Association proudly announces its 14<sup>th</sup> Bisal Muddu International Travel Fellowship Programme for the year 2023. The earlier fellowship programmes have received huge response and acclaim from the members and also from the host consultants in the United Kingdom. The travelling fellows have had a memorable taste of both academic exposure and a travel experience.

This Programme is recognized and supported by British Indian Orthopedic Society (UK). The member consultants will be hosting the travelling fellows during the Programme.

This programme is mainly aimed at encouraging young enterprising Orthopedic Surgeons who lack an international exposure in their academic field. The Fellows will be visiting various centers of excellence in the United Kingdom

It is to be noted that the fellows selected for the 13th BITF- 2020 Programme were not able to travel due to the Pandemic and the fellowship Programme was stopped for 2 years. In order to compensate for the two years loss, the BIOS (U.K) has agreed to increase the fellowship number to six this year and thus pilot it for further years accordingly.

#### OBJECTIVES:

- Exposure to orthopedic surgeons of Karnataka to the British Orthopedic System.
- Visit Centers of Excellence in United Kingdom and attend Courses/ Conferences
- An opportunity to develop a professional relationship with Overseas Orthopedic surgeons.
- Spreading ideas of geography, culture, social system and traditions between colleagues and countries

#### Selection Criteria

The criteria of selection will be based on the application form / Curriculum Vitae and the points scored as per the application format. Special emphasis will be given towards the applicant's age, approach, his aims and expectations in the Programme. Special preference will be given to the applicants if they are presenting their original work in the teaching programmes of visiting hospitals / BIOS (UK) conference.

On request of many of the members who are working privately and not attached to any major institutions, who are surgeons working in Health & Family Welfare, one slot will be allowed by relaxing the points criteria like teaching experience and number of presentations. This is subjected to the decision of the selection committee.

The selection will be done by the fellowship committee. Two fellows who were selected in 2020 will join the other four who will be shortlisted and two will be placed on the waiting list. The selection committee comprises of: -

#### Chief Patron:

Dr. Bisal Muddu, Consultant Orthopedic Surgeon, United Kingdom

#### Chairman:

Dr. Deepak.S, Professor, Bangalore Medical College & Research Institute, Bangalore

#### Member Co- ordinators (UK):

Dr. Mahesh Reddy, Consultant Shoulder Surgeon, Bangalore (London, and Wales Regional hospitals)

Dr. Mahadev Jatti, Consultant, Bangalore (for Manchester & Northwest Regional hospitals)

#### Members:

Dr. Aswani Kumar Singh., President, Karnataka Orthopaedic Association

Dr. Edward L. Nazareth, President Elect, Karnataka Orthopaedic Association

Dr. Bharath Raju G., Secretary General, Karnataka Orthopaedic Association

Dr. Ajith Kumar M., Consultant, Tejasvini Hospital, Mangalore

#### FINANCES

Currently the Programme is partly funded by P.M. Santosha Charitable Trust, Bangalore. Canara Orthopedic surgeons' Trust, Mangalore has kindly agreed to support the 14<sup>th</sup> Travel fellowship Programme for which the details will be revealed at a later date. The total amount will be divided among the successful travelling fellows. Decision of the Committee would be final in the best interest of the programme.

#### Duration

This Programme is intended to run for two weeks in the month of July-August 2023. However, if the fellow wants to overstay, necessary arrangements can be made with respective hospitals. A prior requisition has to be given in advance to organize the same.

#### Programme over view

Once the fellows confirm their participation, they should organize the travel needs including Visa, travel and accommodation.

Attempts will be made to coincide this Programme with the Annual conference of British Indian Orthopedic Society (UK). The Travelling fellows will be encouraged to present paper / poster during the meet. The host team will assist in organizing the travel and accommodation needs of the fellows; however, the expenses will have to be borne by themselves. Attempts will be made to arrange an economical / free accommodation, (if lucky) the benefits will be passed on to the travelling fellows. The fellows are also encouraged to organize their needs with their U.K. Contacts.

#### **Expected Activity:**

A routine day during the Programme can be expected to have the following activities.

- Attending the trauma meeting
- Grand rounds / Hospital visit
- Presentation in the departmental meetings/ seminars
- · Observation in the operating theatres / Clinics
- Informal meeting with the team members at host hospitals.

#### Guidelines

- This Fellowship Programme is open only for the Life members of Karnataka Orthopaedic Association
- One set of application comprising of CV must be submitted to the chairman of the Committee by 6<sup>th</sup> February 2023.
- Any Incorrect information provided will lead to nullify the selection
- Last date for submission of application 6<sup>th</sup> February 2023
- Provisional list of successful fellows 28th February 2023
- Last date for confirmation of participation 15<sup>th</sup> March 2023
- Tentative Fellowship Programme June July 2023

#### Note:

Please find the attached application form. Points based criteria put forth in the application form is to satisfy the needs of the members based on their age and expectations from the Programme. Suggestions are welcome regarding the same. Please do not hesitate to contact me for further details of the Programme. Dr. Deepak. S. Email: deepsdoc@gmail.com.

## KARNATAKA ORTHOPAEDIC ASSOCIATION

## APPLICATION FOR THE 14<sup>TH</sup> BISAL MUDDU INTERNATIONAL TRAVEL FELLOWSHIP – 2023

Application Ref No (Office Use Only):	Correspondence Address: Dr. Deepak.S, Professor, Sampada. No 82, 36 <sup>th</sup> Main, 4 <sup>th</sup> A Cross BTM I Stage I Phase			
Date of Application:	B1M1 Stage 1 Phase Bangalore 560 068 Phone – 9845198488 / 08026683657 deepsdoc@gmail.com			
Please complete the form in black ink, using either blo Please read the information brochure for the details of				
Personal information				
Surname:	First Name:			
Date Of Birth:				
Address: '				
Postcode:				
Telephone number: Home:	ne number: Home:			
MOBILE NO -	) -		E-Mail:	
Institutional information:				
Name Of the Institution:				
Address:				
Post code:				
Telephone number: Hospital:	Fax	x:		
Academic Details	I			
Post graduate Qualification	College an	d University	Year of Passing	

#### Posts held till date

Posts held till date			
Name of the Hospital / College	P	osition held	Duration
K.O.A. Membership Details (only Life	Members are e	ligible)	
Registration Number & Year of Membersh	ip		
Other Orthopaedic Association me	mbership		
Name of Association	Registrat	ion Number	Type of membership
104 (D. ( ))			
IOA (Preferred)			
Details of the papers presented in t	he last five	vears -	
Name of Conference	Year	Papers prese	nted
Supporting Information			
Preferred Month			
Preferred Duration (in weeks)			
Any U.K Contacts (friends and			
relatives) if so details			
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"What are you looking forward through this fellowship Programme?".  Objectives/ Potential impact in your career/ patient care (around 150 words)				

Preferential list of the subspeciality programme to be arranged (attempt will be made to accommodate as per the preferences)

Name of the Sub Specialty

No 1 2. 3. Duration in days / weeks

conference if selected. Please send the abstract and full paper along with appli will be given in selection based on the merit of the paper/s	
Other Relevant plans and intentions during the Programme (any social visits, courses to attend)	occasions / conference
Referees with phone number and email ids	
1.	
2.	
Suggestions to standardize and update the application form in future:	
Signature of the Applicant	