



**KASTURBA MEDICAL COLLEGE**  
MANGALORE  
(A constituent unit of MAHE, Manipal)



**Department of Orthopaedics**



Presents

# Mind Your Foot

## Foot and Ankle CME



**10th March 2024**  
8:00 A.M. to 5:00 P.M.



**Medical Education Unit Seminar Hall,**  
Kasturba Medical College, Lighthouse Hill Road,  
Mangalore

### Contents

- ✓ Lectures
- ✓ Short Case Presentations
- ✓ Hands on Saw Bone Workshop
- ✓ Video Demonstration of Techniques

**REGISTER NOW**



<https://forms.gle/Km98Bj1WP8XvSkSDA>



**For More Details Contact:**

**Dr Chethan B Shetty**  
+91 9886294963

**Dr Saiprasad Baliga**  
+91 9481271093



# Program Schedule

**8:00 A.M - 8:30 A.M:**

**Registration and Breakfast**

**8:30 A.M - 9:15 A.M:**

**Module 1: Lectures**

- **8:30 - 8:45 A.M: Lecture 1-** Talus Fracture Management  
Dr Krishna Prasad
- **8:46 - 9:00 A.M: Lecture 2-** Painful Adolescent Flatfoot  
Dr S M Ajoy
- **9:01 - 9:15 A.M: Lecture 3-** Foot and Ankle Fractures in Diabetics  
Dr Rajesh Simon

**9:15 A.M - 9:45 A.M:**

**Inauguration**

**9:45 A.M - 10:30 A.M:**

**Module 2: Surgical Tips and Tricks**

- **9:46 - 10:00 A.M: Video Demonstration:** Tendoachilies Reconstruction  
Dr Krishna Prasad
- **10:01 - 10:15 A.M: Video Demonstration:** EOTTS  
Dr S M Ajoy
- **10:16 - 10:30 A.M: Video Demonstration:** Hallux Valgus Correction  
Dr Rajesh Simon

**10:30 A.M - 11:15 A.M:**

**Module 3: Panel Discussion**

- Challenging Cases

**11:15 A.M - 11:30 A.M:**

**Tea Break**

**11:30 A.M - 12:00 P.M:**

**Module 4**

- Demonstration of Foot and Ankle Examination- Dr S M Ajoy

**12:00 P.M - 1:00 P.M:**

**Module 5**

- Short Case Presentations

**1:00 P.M - 2:00 P.M:**

**Lunch**

**2:00 P.M - 3:30 P.M:**

**Saw Bone Workshop 1- TTC Nailing**

- **2:00 - 2:30 P.M- Demonstration** by Dr Rajesh Simon
- **2:31 - 3:30 P.M- Hands on**

**3:30 P.M - 5:00 P.M:**

**Saw Bone Workshop 2- Lisfranc Fixation**

- **3:30 - 4:00 P.M- Demonstration** by Dr Krishna Prasad
- **4:01 - 5:00 P.M- Hands on**



**KASTURBA MEDICAL COLLEGE**  
MANGALORE  
(A constituent unit of MAHE, Manipal)

# Our Speakers



## **DR. RAJESH SIMON**

Senior Consultant Orthopaedics,  
Foot and Ankle Surgery,  
VPS Lakeshore Hospital and Research Center,  
Cochin, Kerala  
Registration Number TCMC22804



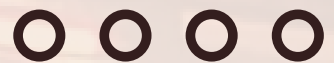
## **DR. S M AJOY**

Senior Consultant Orthopaedics,  
Foot and Ankle Surgery,  
Ramaiah Memorial Hospital,  
Bangalore  
Registration Number: KMC36125



## **DR. KRISHNA PRASAD P R**

Consultant,  
Foot and Ankle Surgeon,  
Kasturba Medical College,  
Manipal, Karnataka  
Registration Number: KMC53262





**KASTURBA MEDICAL COLLEGE**  
MANGALORE  
*(A constituent unit of MAHE, Manipal)*

# Organising Committee

## Organising Chairman:

**Dr Atmananda S Hegde**

Professor and Head,  
Department of Orthopaedics,  
Kasturba Medical College, Mangalore

## Organising Secretary:

**Dr Chethan B Shetty**

Assistant Professor,  
Department of Orthopaedics,  
Kasturba Medical College, Mangalore

## Treasurer:

**Dr Keerthan R Nayak**

Assistant Professor,  
Department of Orthopaedics,  
Kasturba Medical College, Mangalore